

# NUTRILITE<sup>®</sup> PRODUCT GUIDE



# NUTRILITE IS

WORLD'S NUMBER ONE VITAMINS & DIETARY **SUPPLEMENTS BRAND\*** 

# WORLD'S ONE SELLING PROTEIN SUPPLEMENTS BRAND#

\*Source Euromonitor International Limited. Vitamins and Dietary Supplements, World, GBN, Retail Value RSP, % breakdown, 2017 data.

\*Source: Euromonitor International Limited, Protein supplements category, % retail value share. 2018 data.

# THE GAME IS ALWAYS ON WITH THE RIGHT NUTRITION.

Goodness of Vitamins & Minerals, Protein and Omega-3 fatty acids sourced from nature.



To connect with us - Log on to www.amway.in 100% 🍹 Join us on facebook@ 📧 /amwayindiaofficial or follow us on twitter@ 💟 /amwayindia. instagram@ 🮯 /amwayofficialinc oin us on racebook of a rammay mataining of none of a renot to be used as a substitute for a varied die tot for medicinal use. Health supplements/Nutraceuticals are not to be used as a substitute for a varied die diversity of the supplements of the supplements of the supplementation of the supplementation of children.

# A LOOK

# THE NUTRILITE STORY



The Nutrilite Story







Why Nutrilite?



Your Everyday Supplement Regime



# OUR PRODUCTS

# 27 - 102

Nutrilite Kids Chewables Concentrated Fruits and Vegetables	
Introduction to Nutrilite Traditional Herbs Range – Best of Traditional Wisdom	
Nutrilite Amalaki, Vibhitaki & Haritaki and Nutrilite Ashwagandha	
Nutrilite Madhunashini, Shunti & Twak and Nutrilite Vasaka, Mulethi & Surasa	

ite products are under Nutraceutical/Health supplement categories of FSSAI. These products are not for medicinal use. Not to exceed recommended daily usage. These products are not to be used as a substitute for varied diet. Products are required to be stored out of reach of children. Children (refer individual product pack for age group), quant or lactating women or anyone with a medical condition should consult with physician before using these products.



When it comes to supplements, Nutrilite® products are different - and that's a good thing. Turn to this section for help explaining the value of supplements, phytonutrients, and our brand.

# 1. Why Supplements?

2. Why Phytonutrients?

# 3. Why Nutrilite?

# THIS SECTION ANSWERS **THREE KEY QUESTIONS**

Why Supplements? Use this section to understand the role supplements play in optimal wellness:





Use this section to learn how to tell the Nutrilite story: • Quality from seed to supplement • How we use the best of nature • How we enhance our plant-based ingredients with the best of science



- Common nutrient gaps How supplements help fill the gap



Use this section to learn all about phytonutrients:

• What they are • How they work • Great food sources • What to supplement





Nutrilite<sup>®</sup> supplements are different. Nutrilite<sup>®</sup> is the global vitamin and mineral brand to grow, harvest, and process plants on their own certified organic farms. Nutrilite<sup>®</sup> is dedicated to provide high-quality products. Many Nutrilite® supplements are certified by NSF International, a leading third-party independent test lab. We even have a customer satisfaction guarantee\* to back that up. When you take Nutrilite<sup>®</sup> supplements, you're getting more than vitamins and minerals – you're also getting phytonutrients, the beneficial plant compounds that you may not be getting enough of if you don't eat the recommended servings of fruits and vegetables daily. Use Nutrilite® products and you'll see the difference.

\*Exclusions apply. For complete details, visit www.amway.in



# 1. WHY SUPPLEMENTS

# SUPPLEMENTS HELP FILL NUTRIENT GAPS

8 out of 10 people aren't eating enough fruits and vegetables,\* which means most people have a nutrient gap between what they eat and what they need.\*

The American Medical Association and the U.S. Food and Drug Administration both support using supplements to fill this gap.

You should take supplements if any of the following is true for you:

- You don't eat 5–9 servings of fruits and vegetables every day
- You eat 5–9 servings but don't get a wide variety
- You often don't have time to make healthy meals
- You often choose convenient, processed foods over healthier options

\*cdc.gov/mmwr/preview/mmwrhtml/mm6426a1.html

# 8 out of 10 people aren't

getting the recommended

5-9 servings of

# fruits every day.





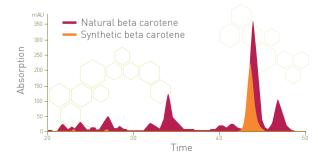
# **Z** WHY PHYTONUTRIENTS

# PHYTONUTRIENTS ACT **AS POWERFUL ANTIOXIDANTS**

Plants produce phytonutrients (or "plant nutrients") as a defense mechanism to protect themselves from the environment. Phytonutrients are thought to provide similar benefits to people.

The next time you walk down a produce aisle, pay attention to all of the different colors. Each vibrant plant color is tied to the phytonutrients it contains - and a specific range of health benefits. In order to get many protective benefits for your whole body, it's important to eat a wide variety of different colors of food.

# THE VALUE OF PLANT-BASED INGREDIENTS



At Nutrilite, we use phytonutrient mapping to measure and compare the phytonutrient content of plant-based and synthetic concentrates. Each peak on the chart represents a nutrient.

As you can see, natural beta carotene (from algae) contains far more nutrients than its synthetic counterpart.

When we capture the color from fruits and vegetables. we capture the phytonutrients, too.

# **POWER UP YOUR PLATE**

Want to add a particular phytonutrient to your diet? Some fruits and vegetables contain more than others.

# PHYTO-NUTRIENTS PLANT NUTRITION

# **DID YOU KNOW?**

# RED GRAPES

are a good source of resveratrol. Resveratrol is believed to support memory and heart health



# CARROTS

are a good source of alpha carotene. Alpha carotene can support healthy vision

# RASPBERRIES

are a good source of ellagic acid. Ellagic acid can support cellular-health

# **GREEN TEA**

is a good source of EGCG.\* EGCG can support brain and heart health

# **RAW GARLIC**

is a good source of allicin. Allicin can support already healthy blood pressure

\*Epigallocatechin Gallate.

# Z-WHY PHYTONUTRIENTS

# **5 COLORS A DAY IS THE OPTIMAL** WAY

Eating phytonutrient-rich

fruits and veggies of

to cover you from

head to toe.

# SUPPORT BRAIN HEALTH

### KEY PHYTONUTRIENTS

Purple fruits and vegetables contain the phytonutrients guercetin, resveratrol, ellagic acid, and many different types of anthocyanidins and procyanidins

## WHAT TO EAT

Grapes, blueberries, boysenberries, eggplant, purple sweet potatoes, plums, beets, and blackberries, etc.

# SUPPORT VISION HEALTH



### **KEY PHYTONUTRIENTS** Orange and yellow fruits and vegetables contain the phytonutrients beta carotene, alpha carotene, beta-cryptoxanthin, lutein, zeaxanthin, guercetin, and hesperidin

# WHAT TO EAT

Pineapple, lemons, passion fruit, oranges, cantaloupe, carrots, apricots, sweet potatoes, tangerines, squash, papaya, and corn. etc.

### SUPPLEMENTS THAT SUPPORT VISION HEALTH

- Nutrilite® Multi Carotene
- Nutrilite<sup>®</sup> Bilberry with Lutein

# SUPPORT HEART HEALTH



### **KEY PHYTONUTRIENTS**

Red fruits and vegetables contain the phytonutrients lycopene. anthocyanidins, proanthocyanidins, beta carotene, and ellagic acid

# WHAT TO EAT

Apples, cranberries, watermelon, pink grapefruit, guava, pomegranate, radishes, raspberries, strawberries, cherries and tomatoes etc.

### SUPPLEMENTS THAT SUPPORT HEART HEALTH

• Nutrilite<sup>®</sup> CoQ10 • Nutrilite® Garlic

# **KEY PHYTONUTRIENTS**

Green fruits and vegetables contain the phytonutrients isothiocyanate, lutein, zeaxanthin, isoflavones, and EGCG, plus many more

# WHAT TO EAT

Kale, collard greens, spinach, green peppers, watercress, zucchini, broccoli, brussels sprouts, green beans, soybeans, and green tea, etc.

# SUPPLEMENTS THAT SUPPORT CELLULAR HEALTH

• Nutrilite<sup>®</sup> Concentrated Fruits and Vegetables

# SUPPORT CELLULAR HEALTH



# SUPPORT BONE & JOINT HEAI TH



### **KEY PHYTONUTRIENTS**

White fruits and vegetables contain the phytonutrients EGCG, allicin, isothiocyanate, quercetin, and anthocvanidins

### WHAT TO EAT

Turnips, onions, mushrooms, horseradish, white kidney beans. parsnips, garlic, cauliflower. black-eyed peas, and pears, etc.

### SUPPLEMENTS THAT **SUPPORT BONE & JOINT** HEALTH

- Nutrilite® Cal Mag D Plus
- Nutrilite® Glucosamine HCL with Boswellia

# J. WHY NUTRILITE

Nutrilite<sup>®</sup> is the global vitamin and mineral brand to grow, harvest, and process plants on their own certified organic farms.

# **TROUT LAKE FARM**

Washington State, USA Here we work to improve existing Nutrilite<sup>®</sup> products, identify nutrients and key ingredients for new products, and refine our organic farming practices.

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# **QUALITY YOU CAN TRUST**

From the seed that goes into the ground and the soil it grows in, to the finished product, every Nutrilite® supplement has a story – and we write every chapter.

It starts on organic farms, where we harvest plants at their peak.

It continues in our labs, where Nutrilite scientists are constantly innovating new ways to elevate our plant ingredients for Nutrilite® products.

It ends with multiple quality checks for safety, purity, and identity before the supplements are bottled and shipped. In fact, many of our supplements are tested and certified by NSF International, a leading third-party independent test lab.

In other words, we control the process from beginning to end. So when you think "Nutrilite," think "high quality from seed to supplement." Because every Nutrilite® supplement story begins and ends with us – and continues with you.

# **OUR GUARANTEE**

We take pride in the purity and the quality of our supplements. We stand behind our products with a 30-day return policy.\*

\*Exclusions apply. For complete details, visit www.amway.in

# WHY NUTRILITE? **OUALITY YOU CAN TRUST**











HARVEST We harvest and process plants at their peak, using whichever parts (seeds, skin, or even the whole plant) have the best phytonutrient profile.

SUPPLEMENT

undergoes numerous quality checks to ensure its safety, purity, and identity before it's bottled

and shipped.

# WHY NUTRILITE? SEED TO SUPPLEMENT

# FORMULATE

Our scientists are constantly innovating new ways to elevate our natural ingredients by combining essential vitamins and minerals with plant-based phytonutrients.



# The best phytonutrients come from organic farms. So that's what we use.

Sure, organic farming is more expensive than the conventional farming, but it's worth it. Here's why:

Alfalfa field at **RANCHO EL PETACAL** Nutrilite<sup>®</sup> certified Organic Farm •

MAN TE

Plants produce phytonutrients as a defense mechanism to protect themselves against pests and diseases. When crops are sprayed with herbicides and synthetic pesticides, as they are on conventional farms, the plants don't have to work as hard to defend themselves. The end result: fewer phytonutrients, and a less-nutritious product.

By growing crops on certified organic farms, we help ensure that the plant-based ingredients used in Nutrilite<sup>®</sup> supplements contain optimal phytonutrient levels. It's good for our products, good for the earth, and good for the people that work for us.

We own certified organic farmland in Washington State, Mexico, and Brazil.

# YOU COULD SAY PHYTONUTRIENTS ARE OUR SPECIALTY

- Our founder, Carl Rehnborg, helped pioneer sophisticated techniques to analyze the nutritional value of specific plants in the 1930s
- Nutrilite scientists have been growing, harvesting, and processing plant nutrients ever since, so they know how to deliver extracts that contain high phytonutrient levels
- We harvest plants at their peak and when possible use whole plants, including seeds and skin, to obtain maximum nutrient levels

# WHAT EXACTLY DOES "ORGANIC FARMING" MEAN?

For Nutrilite, organic farming is something we've believed in from the very beginning – long before organic farming was popular. We:

- Prohibit the use of synthetic fertilizers, toxic chemicals, and pesticides
- Use natural methods to control harmful weeds, insects, and predators
- Practice sustainable farming methods that include crop rotation, intercropping, composting, earthworms, and water management
- Create our own organic compost to put nutrients back in the soil
- Prevent topsoil erosion and improve soil fertility and water quality by utilizing holistic agricultural techniques
- Protect the environment and its habitats, promote species diversity, and a sustainable future for our planet

# WHY NUTRILITE? SEED TO SUPPLEMENT

# WE USE NATURE TO CONTROL NATURE

Meet Copper, one of the many falcons used for natural pest control on Trout Lake Farm. Copper is three years old, and his job is to scare away smaller birds that pose a threat to our crops. He's gentle and easy to work with, but terrifying to pest birds. But don't worry: Copper doesn't hurt them. He loves his job and is always eager to get started – but when it's time for dinner, he returns to his handler.



When it comes to smaller pests, we don't use toxic chemicals. Instead, we use ladybugs and green lacewings, among others, to control the harmful insects that would otherwise attack our crops. **3. WHY** NUTRILITE WE OWN **6,300** ACRES OF ORGANIC FARMLAND

# **TROUT LAKE FARM**

# Washington State, USA

At 700 acres, this beautiful landscape is the **largest certified organic farm in North America –** it produces more than 3 million pounds of herbs each year. It's nestled in the foothills of the Cascade Mountains – which help keep out pollution – and irrigation is provided by the glacier-fed White Salmon River.

# **PRIMARY CROPS** Echinacea (shown) Oregano

Peppermint Valerian Dandelion

# FAZENDA NUTRIORGANICA

This once desolated tract of land – located in Brazil's Caatinga Desert – is now a beacon of organic farmland. The climate here is perfect for growing acerola cherries year-round. Acerola cherries provide 100% of the natural ascorbic acid (vitamin C) used in Nutrilite® products. At 4,100 acres, this is the largest Nutrilite farm and the **largest acerola cherry farm in the world.** 







# WHY NUTRILITE? OUR ORGANIC FARMS



# PRIMARY CROPS

Alfalfa (shown) Broccoli Spinach Kale Watercress Parsley Citrus Fruits



# **PARTNERS IN SUSTAINABILITY**

When we can't grow certain plants on our farms, we turn to other suppliers. Our NutriCert<sup>™</sup> certification program ensures these suppliers are guided by organic, sustainable principles that are consistent with our own. **J**.WHY NUTRILIT **THE BEST OF SCIENCE** 

Science plays a major role throughout the entire seed-to-supplement story. From the way we plant seeds, to how crops are harvested and processed, we're employing advanced scientific methods at every step of the way.

We go after the best, natural ingredients. To do that we need to understand the science behind that nature.

– Dr. Sam Rehnborg President, Nutrilite Health Institut





# RESEARCH

A team of over 150 Nutrilite scientists is constantly innovating, searching for new concentrates and better formulations. We have over 190 granted and pending patents worldwide.

# MANUFACTURING

We use "soft" blending methods to ensure the potency of our finished product. We thoroughly blend ingredients without damaging the plant concentrates or exposing them to high heat, and our tablet compress uses 1–8 tons of pressure to make-up to 7.000 tablets per minute.

# PLANTING

Our tractors are guided by GPS – they know where to drive to minimize the need for hand weeding, and they know exactly how deep to plant seeds to make sure they're safe from predators (including birds).



# PROCESSING

NUTRILITE

Plants are dehydrated and processed within hours of harvest, using special methods and state-of-the-art equipments.



# **OUALITY CONTROL**

Quality-assurance experts ensure each supplement meets precise specifications for safety, purity, and identity. They conduct over 500,000 checks every year – that's one quality check per minute, every day!

Similar to the International standards, Amway India follows the same practices too.

# WHY NUTRILITE? THE BEST OF SCIENCE

# **SCIENTIFIC ADVISORY BOARD**

Comprised of leading scientists in the fields of nutrition, health, and genetics from around the world, this board lends their expertise to Nutrilite and helps guide our research and

# **CENTER FOR OPTIMAL HEALTH**

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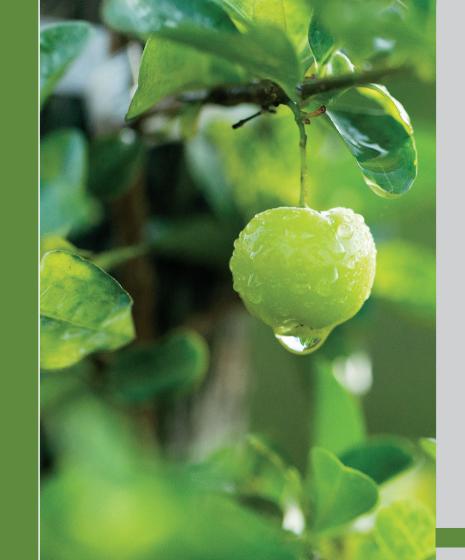
This 30,000-sq. ft. world-renowned facility is home to our Research & Development Center, our Quality Assurance building, and more.

It's located in Buena Park, California, and you can

Visit the Center for Optimal Health to experience our story firsthand. 🛏

# **NUTRILITE IN** A NEW PACKAGING





# **HOW TO READ THE NEW LABEL**

WHO AM I? Our brand name stands out on the top of each bottle.

# $\rightarrow$ **S**NUTRILITE<sup>\*</sup>

Daily MULTIVITAMIN AND MULTIMINERAL (NUTRACEUTICAL)

Images are for illustrative purpose only

➤ 1 TABLET, 1 TIME A DAY 120 N (TABLETS)

1934

**HOW MUCH DO YOU TAKE?** Easy dosage instructions.

NOT FOR MEDICINAL USE. NOT A SUBSTITUTE FOR A VARIED BALANCED DIET. NOT TO EXCEED RECOMMENDED DAILY USAGE. CONTAINS NO ARTIFICIAL COLOURS, FLAVOURS OR PRESERVATIVES.

# WHAT ARE MY **KEY INGREDIENTS?**

Graphics of ingredients complemented by hexagon graphic to represent science.

# WHY AM I RIGHT FOR YOU?

Key product claim makes it easier to sell.

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# **YOUR EVERYDAY SUPPLEMENT REGIME**

Everyone has the same basic nutrient needs, and this section includes a detailed look at those needs along with supplements that can help fill in the gaps.

This section will help you speak about the science behind basic nutrients and recommend everyday products to customers.







EXCEED RECOMMENDED DAILY USAGE. FOR FURTHER DETAILS, PLEASE REFER THE PRODUCT LABEL

# UNDERSTANDING EVERYDAY SUPPLEMENT REGIME

Everyday supplements aren't just a great way to fill the nutrient gap most people have – they also help introduce customers to the Nutrilite® brand. Think of it this way: no matter where you're from or what your age is, everyone has the same basic nutrient needs. Unfortunately, 80% of people aren't getting the fruits and veggies they need from diet alone. That means just about everyone could benefit from everyday supplement regime of PDO.

These nutrients can be split into three categories: macronutrients, micronutrients and phytonutrients.



MACRONUTRIENTS Protein, fat and carbohydrates.

Many supplement brands focus on macronutrient and micronutrient supplements. The Nutrilite® brand offers all three.



MICRONUTRIENTS

Vitamins and minerals.



# **BUILDING A SOLID** FOUNDATION

Think of your body as a house – macronutrients, micronutrients, and phytonutrients are all essential building blocks.

**BRICKS** – protein helps us grow and repair ourselves.

**MORTAR** – vitamins and minerals create a strong foundation by performing hundreds of roles in the body to help sustain life.

**SECURITY** – phytonutrients help protect the integrity of the bricks and mortar.

**ELECTRICITY** – omega-3 fatty acids help support the health of our nervous and cardiovascular systems.

# GOODNESS OF NATURE PROTEINO



Proteins are vital to any living organism. Proteins are an important constituent of tissues and cells of the body. They form an important component of muscles and other tissues.

They provide essential amino acids which are important for metabolism, growth & development.

Protein is required for people from all lifestyle and life stages. Growing children, for example, need protein for growth & development. Adults use protein to build, repair & maintain tissues, and to support bones, skin & hair. And the elderly require protein to support muscle tone, bone mass and strength.

Our body constantly uses up protein and does not store it, and therefore it needs to be replenished every day. As per ICMR, a healthy adult needs approx. 1g protein/kg of body weight every day. So, an adult of 60 kg would need approx. 60 g of protein every day.

Due to hectic lifestyle and poor eating habits, many of us may be lacking the required protein in our everyday diet. Nutrilite All Plant Protein powder along with regular diet can help in filling the protein gap in everyday diet. It provides you the goodness of nature and its tri-blend of soy, wheat & yellow pea give you benefits like 80% protein per serving that are 100% plant sourced. It provides all 9 essential amino acids as per the proposed guideline of WHO/FAO/UNU.

Nutrilite All Plant Protein powder is neutral in taste and therefore can be easily added to a glass of water, milk, variety of shakes, juices, butter milk, curd, soups, atta (flour), breads, cakes, biscuits or any other food or beverages.

# NUTRILITE<sup>®</sup>

all plant protein powder

### **FEATURES & BENEFITS**

- 100% plant protein sourced from tri-blend of Soy, Wheat & Yellow Pea
- Supplies 9 essential amino acids which cannot be produced in the body and must be obtained from outside
- High protein content- one serving provides 8 g of protein per 10 g serving
- No added sugar, lactose free
- Quality protein with PDCAAS =1.0\*
- Easy to digest

\*Protein Digestibility Corrected Amino Acid Score (PDCAAS) is a global standard established by the WHO with a score of 1.0 representing the highest score possible for a quality protein source.

### NUTRITIONAL INFORMATION

Serving Size: 1 Provided Scoop (10 g approx.) Serving per Container: approx. 100 % RDA % RDA Approximate (for adults) (for children) composition per serving (10 g) Energy 40 kcal 2.11% 2.96% 14.55% 39.80% Protein 8 q Carbohydrates 0.3 q Fat Content 0.5 q 2.5% 2%

### Essential Amino Acids:

Jsoleucine (390 mg), Leucine (660 mg), Lysine (510 mg), Methionine (& Cysteine) (220 mg), Phenylalanine (& Tyrosine) (750 mg), Threonine (310 mg), Tryptophan (120 mg), Valine (400 mg), Histidine (210 mg)

### Net Content: Available in 1 kg, 500 g, 200 g

NOT FOR MEDICINAL USE. NOT A SUBSTITUTE FOR A VARIED BALANCED DIET. NOT TO EXCEED RECOMMENDED DAILY USAG FOR FURTHER DETAILS, PLEASE REFER THE PRODUCT LABEL.

# POTENTIAL USERS

Anyone who-

Wants to fill the protein gap along with regular diet
Wants a blend of 9 essential amino acids
Is facing challenges to fulfill protein requirement
Requires additional supplementation of protein

### STORAGE

Close container tightly to protect from moisture
Store in a cool, dry place (below 25°C)

### SUGGESTED USE

• For age group 12 years and above, 1 provided scoop (approx. 10 g) of protein powder up to three times daily. For children between 5-12 years, 1 scoop (approx. 10 g) of protein powder daily

# **GOODNESS OF** PROTFIN AND GREEN TEA



Protein is the basic building block of our body. Protein is needed to produce body tissues and maintain a healthy body. There are 9 essential amino acids that our body cannot synthesis and we have to get them from foods that contain these amino acids. Green tea is an antioxidant & helps protect cell damage from oxidation. Green tea is a source of Catechin, which is a naturally occurring phytonutrient present in green tea leaves. Nutrilite protein with green tea is a green tea protein drink. It contains three forms of green tea:

- Green tea extracts
- Instant green tea
- Whole green tea leaves

# POTENTIAL USERS

- Adults who enjoy the great taste & flavour of green tea
- Adults who want to take advantage of the antioxidant benefits of green tea along with protein

# **NUTRILITE**<sup>®</sup>

protein with green tea

# **FEATURES & BENEFITS**

- Green tea protein drink
- Delicious & refreshing taste of green tea
- Contains three forms of green tea for the perfect aroma & colour
- Contains Catechin naturally occurring phytonutrient present in green tea
- One serving (23.5 g) contains 8 g of protein, 250 mg of calcium and 1.42 g of whole green tea leaves & green tea extracts
- Contains no artificial colours, flavours or added preservatives

# SUGGESTED USE

- Add 1.5 scoopful (23.5 g approx.) in a glass (200 ml) of water/milk/juice. Stir or shake well for a smooth blend. Sweeteners may be added, if desired
- Body does not store excess protein, daily intake is necessary to support everyday requirement of healthy individual. Green tea has antioxidant property

Energy Protein Fat Calcium Green Tea Histidine

Net Content: 500 a

NOT FOR MEDICINAL USE. NOT A SUBSTITUTE FOR A VARIED BALANCED DIET. NOT TO EXCEED RECOMMENDED DAILY USAGE. PRODUCT TO BE STORED OUT OF REACH OF CHILDREN. CONTAINS NO ARTIFICIAL COLOURS, FLAVOURS OR PRESERVATIVES. FOR FURTHER DETAILS, PLEASE REFER THE PRODUCT LABEL.

### NUTRITIONAL INFORMATION

Serving Size : 1.5 provided scoops (23.5 g approx.) Serving per container: approx. 21

> % RDA per servina

> > 4.68% 14.54% 10% 41.67%

Provides the following Essential Amino Acid:

Isoleucine, Leucine, Lysine, Methionine (& Cysteine),

Phenylalanine (& Tyrosine), Threonine, Tryptophan, Valine and



# GOOD NUTRITION A DAILY THING



Fast paced living, changing lifestyles, eating habits can have some unexpected results. We eat too many processed foods. We miss meals. Some of us smoke and/or drink alcohol. All of these factors can rob us of the nutrients we need to meet our daily nutritional requirements. Nutrilite Daily helps you meet your daily requirements of nutrition along with a regular diet.

Nutrilite Daily, a multivitamin and multimineral tablet, provides 13 essential vitamins & 11 essential minerals with additional advantages of natural plant concentrates like, the organically grown acerola cherry, parsley, spinach, watercress, alfalfa and carrot. Nutrilite Daily is a convenient way to support your nutritional needs along with a regular diet.

# **FEATURES & BENEFITS**

- Supplies 13 essential vitamins and 11 essential minerals which provide nutritional support
- Provides additional benefit of phytonutritents like beta carotene
- No artificial colours, flavours, or preservatives added

# **POTENTIAL USERS**

Anvone who -

- Wants to support vitamin and mineral intake along with a regular diet
- Has additional nutritional needs related to lifestyle or life-stage such as sports persons, busy adults and the elderly
- Chooses highly processed foods, smokes, drinks alcohol, has a busy lifestyle

# **NUTRILITE**<sup>®</sup>

daily Multivitamin and Multimineral

# NUTRITIONAL INFORMATION

Serving Size: 1 N (tablet) Approximate % RDA composition per serving size (for adults) (1 Tablet:1.12 g) 0.105% 2.01 kcal Energy 0.07 a Protein 0.125% Total Fat 0.02 g Carbohydrate 0.39 q \*Vitamin A 600 mcg [20% as beta-carotene] \*Vitamin C 40 mg \*Vitamin D 10 mcg \*Vitamin E 10 mg 55 mcg \*Vitamin K 0.9 mg \*Vitamin B1 \*Vitamin B2 1.1 mg \*Vitamin B6 2 mg \*Vitamin B12 1 mca \*Niacin 12 mg \*Folic Acid 200 mca \*Biotin 25 mcg \*Pantothenic Acid 5 ma \*Calcium 200 ma 33.33% \*Iron 7 mg 41.18% \*Phosphorus 45 mg 150 mcg \*lodine \*Magnesium 100 mg 32.26% \*Zinc 10 mg \*Selenium 40 mcg \*Copper 1.35 mg 79.41% \*Manganese 2 mg 33 mcg \*Chromium 75 mcg \*Molvbdenum Nutrilite Concentrate Alfalfa Concentrate 61 ma 1.7 mg Acerola Spinach Powder 1.1 mg

\*Appropriate overages added

### Net Content: Available in 60 N. 120 N (Tablets

# SUGGESTED USE

0.1%

100%

100%

100%

100%

100%

90%

100%

100%

100%

100%

100%

7.5%

100%

100%

100%

50%

66%

• Take one tablet daily with a meal



# GOOD FOR HHAR GOOD FOR HEALTH\*

# **NUTRILITE**



Fast paced lifestyle has changed our eating habits. We end up consuming lots of processed/junk food which is high in fats especially Omega-6 fatty acids. It creates an imbalance between Omega-6 fatty acids & Omega-3 fatty acids. To balance the same, we need to consume optimal amounts of Omega-3 fatty acids. These Omega-3 fatty acids also referred as the "good fats" must be obtained from diet because the body cannot synthesize them on its own.

In addition to regular diet and exercise, give your heart an advantage with Omega-3 fatty acids.

Nutrilite Salmon Omega-3 combines Omega-3 sourced from Salmon raised in the cold, pure waters of Norway and blend of three additional Omega-3 sources - anchovy, mackerel & sardine. Each softgel contains Eicosapentaenoic Acid (EPA) & Docosahexaenoic Acid (DHA) - the desirable forms of the Omega-3 family.

# **POTENTIAL USERS**

- People who consume less of Omega-3 fatty acids in their diet
- Office executives on junk diets, middle age, old-age persons

# SUGGESTED USE

• Take one to three softgels daily with meals

# **NUTRILITE**<sup>®</sup>

salmon omega-3

\* Omega-3 fatty acids

# **FEATURES & BENEFITS**

- Each softgel provides 180 mg of Eicosapentaenoic Acid (EPA) and 120 mg of Docosahexaenoic Acid (DHA). Omega-3 fatty acids help support normal heart health and normal triglyceride levels
- EPA and DHA may be beneficial to maintain normal physiological function of heart
- Omega-3 fatty acids in Nutrilite Salmon Omega-3 are derived from Salmon and a proprietary blend of three additional Omega-3 sources anchovy, mackerel and sardine
- Contains no artificial colours, flavours or preservatives

### NUTRITIONAL INFORMATION

### Serving Size: 1 Softgel Approximate % RDA composition per serving (for adults) (1 Softgel:1.39 g) 10.32 kcal 0.54% Energy 0.24 g 0.43% Protein 0.95 g 4.75% Fat -Fish Oil (Salmon) 617.60 mg 411.73 mg -Fish Oil (Anchovy, Sardine, Mackerel) -EPA 180 mg (eicosapentaenoic acid) -DHA 120 mg (docosahexaenoic acid) 0.19 g Carbohydrate

Net Content: 60 N (Softa)



# EXPERIENCE THE GOODNESS CONVENIENCE LIKE NEVER BEFORE



This bundle pack enables you to try out the goodness of Nutrilite All Plant Protein powder, Daily & Salmon Omega - 3 at just ₹ 3,000 (MRP inclusive of all taxes). Moreover, these products are packed in either sachets or smaller bottles to enhance your convenience in carrying and consuming them.

NUTRILITE All Plant Protein powder provides you the goodness of nature and protein from its tri-blend – Soy, Wheat & Yellow Pea. It is 100% plant sourced protein. Supplies 9 essential amino acids which can't be produced in the body and must be obtained from outside. This high quality protein is easy to digest and has a PDCAAS = 1.0\* NUTRILITE Daily is a multivitamin and multimineral tablet, provides 13 vitamins & 11 minerals with additional advantage of Nutrilite concentrates like the organically grown acerola cherry, parsley, spinach, watercress, alfalfa and carrot. Nutrilite Daily offers a convenient once-per-day choice to help support the need of general well-being along with regular diet and exercise.

NUTRILITE Salmon Omega-3 contains a unique blend of Omega-3 oils sourced from Salmon raised in the cold, pure waters of Norway and a proprietary blend of 3 additional Omega-3 sources – anchovy, mackerel, sardines from the Atlantic and Pacific oceans.

# NUTRILITE<sup>®</sup> 30 serve PDO pack



\*Protein Digestibility Corrected Amino Acid Score (PDCAAS) is a global standard established by the WHO with a score of 1.0 representing the highest possible score for quality.

Net Contents: All Plant Protein Powder: 30 N Sachets (10 g) Each, Daily: 30 N Tablets, Salmon Omega-3: 30 N Softge

IOT FOR MEDICINAL USE. NOT A SUBSTITUTE FOR A VARIED BALANCED DIET. IOT TO EXCEED RECOMMENDED DAILY USAGE. CONTAINS NO ARTIFICIAL COLOURS, FLAVOURS OR PRESERVATIVES. FOR FURTHER DETAILS, PLEASE REFER THE PRODUCT LABEL.



# **Find Your** W.O.W.

A Complete Weight Management Program

bod key

In today's fast paced life, it may be easy to adapt unhealthy behaviours. People may tend to gain weight due to non-nutritious food choices, absence of regular physical activity, lack of sleep, etc. Rise in the number of people who are overweight can be seen as a big problem in India. Weight management is a consistent effort to sustain a good lifestyle over a longer period of time. It is about leading a balanced life which includes a balance of 6 lifestyle keys (Diet, Activity Stress, Sleep, Meals and Mindset).

# Our belief is that no single diet or single work-out works for everyone. Hence, PERSONALIZATION ... is the key.

W.O.W. program is a collaboration of key elements: NHI assessment tool, scientifically formulated products and comprehensive services, all designed to work together to help you reach your personal weight management goals. It's personalized and easy.

**NUTRILITE** 

bod key ®

NUTRITIOUS DELICIOUS

**NUTRILITE**<sup>®</sup> WO.W. WILL OVER WEIGHT

# W.O.W. Unique Features:

- Diet plans by celebrity nutritionist Shubi Husain
- 250 diet plans from 21 states of India
- Personalised NHI assessment
- 4 Be a part of W.O.W. Community
- G Dedicated W.O.W. microsite
- **6** Yummy and delicious Bodykey shakes

W.O.W. STAND FOR 'WILL OVER WEIGHT', A WEIGHT MANAGEMENT PROGRAM. NOT FOR MEDICINAL USE. NOT A SUBSTITUTE FOR A VARIED BALANCED DIET. NOT TO EXCEED RECOMMENDED DAILY USAGE. PRODUCT TO BE STORED OUT OF REACH OF CHILDREN, FOR FURTHER DETAILS, PLEASE REFER THE PRODUCT LABEL



# TO SUPPORT YOUR WEIGHT MANAGEMENT REGIME

0



Bodykey shake mix contains a combination of protein, dietary fiber, carbohydrates and 21 essential vitamins & minerals. This shake has been developed with exclusive Bodykey taste mapping technology. It contains no added artificial sweeteners, flavours, colours or preservatives.

# SUGGESTED USE

• Empty the contents of 1 sachet into a container, add 250 ml of cold skim milk. Shake/stir well

# STORAGE

• Store in a cool, dry place (below 25° C) preferably in refrigerator

bodykey

# vanilla & chocolate flavour

NUTRITIONAL INFORM	ATION-(Chocolate Fla	avour)		
Serving Size:1 Sachet (30 g)				
	Approximate	% RDA		
	composition	per serving		
	per serving (30 g)			
Energy	133 kcal	7%		
Fat	4.5 g	22.5%		
Protein	6.3 g	11.4%		
Carbohydrate	16 g			
Fotal Dietary Fiber	6 g	15%		
Biotin	30 mcg			
Vitamin C	25 mg	62.5%		
Folic Acid	140 mcg	70%		
Pantothenic Acid	1.6 mg			
/itamin B12	0.9 mcg	90%		
/itamin D	200 IU	50%		
/itamin E	10 mg	100%		
/itamin A	1210 IU	60.5%		
liboflavin	0.35 mg	31.8%		
Niacin	6.25 mg	52%		
Thiamine .	0.35 mg	35%		
Pyridoxine	0.8 mg	40%		
Copper	0.7 mg	41.1%		
odine	70 mcg	44.8%		
ielenium	9 mcg	22.5%		
on	8 mg	47%		
lagnesium	115 mg	37.1%		
Manganese	1.3 mg	32.5%		
Zinc	3.9 mg	39%		
Calcium	90 mg	15%		
Phosphorus	110 mg	18.3%		
Potassium	120 mg	3.7%		
Sodium	100 mg	5.2%		

### Net Content: 14 N (Single Serve Sachets)

NOT FOR MEDICINAL USE, NOT A SUBSTITUTE FOR A VARIED BALANCED DIET. NOT TO EXCEED RECOMMENDED DAILY USAGE. CONTAINS NO ARTIFICIAL COLOURS, FLAVOURS OR PRESERVATIVES. FOR FURTHER DETAILS, PLEASE REFER THE PRODUCT LABEL.

### NUTRITIONAL INFORMATION- (Vanilla Flavour)

### Serving Size: 1 Sachet (28 g)

ervilly Size: I Sache	(20 9)	
	Approximate	% RDA
	composition	per serving
	per serving (28 g)	
nergy	126 kcal	6.6%
arbohydrate	14.5 g	
otein	6.3 g	11.4%
it	4.5 g	22.5%
otal Dietary Fiber	5 g	12.5%
otin	30 mcg	
tamin C	25 mg	62.5%
lic Acid	140 mcg	70%
antothenic Acid	1.6 mg	
tamin B12	0.9 mcg	90%
tamin D	200 IU	50%
tamin E	10 mg	100%
tamin A	1210 IU	60.5%
boflavin	0.35 mg	31.8%
acin	6.25 mg	52%
iamine	0.4 mg	40%
ridoxine	0.6 mg	30%
opper	0.7 mg	41.1%
dine	70 mcg	44.8%
lenium	11 mcg	27.5%
on	5.3 mg	31.1%
agnesium	105 mg	33.8%
anganese	1.3 mg	32.5%
nc	3.9 mg	39%
alcium	90 mg	15%
nosphorus	90 mg	15%
otassium	60 mg	1.8%
dium	110 mg	5.7%

# SWITCH/TO HEALTHY SIPPING

NET CONTENT : 10N (SACHETS) Serving Suggestion

H

RIL

-

5

All of us have a favourite drink. We sip on it all day long just to stay refreshed. But now it's time to sip something that is refreshing, tasty and above all, nutritious. Presenting Nutrilite Fruit Drink Mix that provides 8 vitamins. It has the rich taste of 5 fruit concentrates and provides B Vitamins and Vitamin C. Vitamin C acts as an antioxidant while Vitamin B supports production of energy. Switch to nutritious sipping, today!

# STIR UP SOME GOODNESS

Everytime you need to sip on something refreshing, choose nutrition and stir up a tall glass of Nutrilite Fruit Drink Mix.

- No preservatives
- No artificial colours
- No artificial flavours

# **NUTRILITE**<sup>®</sup> fruit drink mix



# **POTENTIAL USERS**

• People with active lifestyle and looking for refreshing, tasty, nutritious drink options

# NUTRITIONAL INFORMATION

Serving Size: 1 Sachet (20 g approx.) Servings per container: 10 Approximate composition per serving (20 g) 75 kcal Energy Protein 0 q Carbohydrate 18 q Total Fat 0.3q 0.3 g Saturated Fat Trans Fat 0 g Cholesterol 0 q 15 mg Vitamin C Vitamin B1 (Thiamine) 0.4 mg Vitamin B2 (Riboflavin) 0.4 ma Vitamin B6 (Pvridoxine HCl) 0.5 ma Vitamin B12 (Cyanocobalamin) 1 mcg 5 mg

# % RDA (for adults) 3.95% 0% 1.5% 37.5% 40% 36.36% 25%

100%

50%

41.67%

100 mcg

5 ma

### Net Content: 200 g (10 N Sachets X 20 g)

Niacin

Folic Acid

Pantothenic Acid



# STORAGE

• Store in cool place (below 25°C), preferably in a refrigerator

### SUGGESTED USE

• Add 1 provided sachet (20 g approx.) in 200 ml of water, stir until completely dissolved. serve cold





# CONVENIENT **BENEFITS\* OF** FRUITS & VEGETABLES



Phytonutrients (Phyto = Plants, Nutrient = Nutrition) means nutrition present in plants. These organic components of plants are good for protecting the plants, and have been researched to promote human health too. As per USDA 2005, one should eat at least 9 servings of colourful and variety of fruits and vegetables per day to get the adequate quantity of phytonutrients.

Phytonutrients are studied to have beneficial effect in improving our health by balancing and protecting the cells and normal functions of the body. A wide range of phytonutrients are powerful antioxidants and can also help support a healthy immune system and provide many other health benefits.

The phytonutrients get destroyed easily due to cultivation, harvesting, storing, shipping, processing and cooking, etc. which leads to the loss of phytonutrients in our diet. Nutrilite Concentrated Fruits and Vegetables is a product specifically formulated to relate with a healthy intake of phytonutrients from fruits and vegetables. It is a rich source of a range of important and well researched phytonutrients and other Nutrilite plant extracts, all of which have important health benefits. Nutrilite Concentrated Fruits and Vegetables provides a convenient way to supplement the diet with healthy phytonutrients in concentrated form along with the balanced diet.

# **NUTRILITE**<sup>®</sup>

concentrated fruits and vegetables



# NUTRITIONAL INFORMATION

## Serving Size: 2 N (tablets)

	Approximate	% RDA
	composition	(for adults)
	per serving	
	(2 tablets: 0.960 g)	
Energy	3.56 kcal	0.19%
Protein	0.02 g	0.04%
Carbohydrate	0.81 g	
Fat (g)	0.02 g	0.10%
Quercetin	100 mg	
(from Fava d'anata extract)		
Elagic acid	26 mg	
(from pomegranate)		
Catechin	60 mg	
(EGCG from green tea)	•	
Hesperidin (from orange)	40 mg	
Lutein (from marigold extra	ct) 4 mg	
Lycopene (from tomato extr	act) 2 mg	
Nutrilite Phytonutrient	73 mg	
Concentrate contains:	•	
Rosemary Extract, Elderber	ry Powder, Acerola,	
Blueberry Powder, Spinach	Powder, Broccoli Powd	ler,
Carrot Powder		

# FEATURES

1 Phytonutrient Lycopene

l utein Quercetin

% RDA

0.19%

0.04%

0.10%

Elagic Acid Hesperidin

EGCG

# POTENTIAL USERS

• Who understand the benefit of natural products. No artificial colour, flavours or added preservatives

# SUGGESTED USE

- 2 tablets daily, preferably with a meal
- Can be taken by anyone above 12 years of age
- Pregnant or lactating women or anyone with a medical condition should consult a physician before consuming this product

\*Made from whole food extracts, just two tablets provide these select phytonutrients: lycopene of 2/3 tomato, elagic acid of 1 servings of rasberries, lutein of 1 1/3 servings of spinach, EGCG of 1 2/3 servings of green tea, hesperidin of 2 oranges, and guercetin of 3 1/3 apples, plus the added benefits of the exclusive Nutrilite Phytonutrient Concentrate.

### Net Content: 60 N (Tablets)

NOT FOR MEDICINAL USE. NOT A SUBSTITUTE FOR A VARIED BALANCED DIET. NOT TO EXCEED RECOMMENDED DAILY USAGE. FOR FURTHER DETAILS, PLEASE REFER THE PRODUCT LABEL.

### BENEFITS

Protective benefit in men's health • Healthy prostate • Good for heart and lung health Promotes eye health Supports blood vessels, heart health and vitamin C function Protects DNA, promotes colon health Supports circulatory system Good for cardiovascular system

2. A daily serving of Nutrilite Concentrated Fruits and Vegetables provides a broad range of phytonutrients, naturally found in equivalent to 10 servings of fruits and vegetables

3. Nutrilite Concentrated Fruits and Vegetables along with Nutrilite Daily is a good

combination to get the broad range of vitamins, minerals and phytonutrients

• Those who want to supplement their diet pattern along with balanced diet

• Who are health conscious



# SUPPORTS NORMAL DIGESTIVE FUNCTION\*



Fiber is an important component of a diet. Fiber helps support normal digestive function already in healthy range. Recommended daily intake of fiber for an Indian diet is 40 g per day. But due to western influence and urbanisation, the consumption of highly refined food has increased, thereby reducing the intake of dietary fiber.

Nutrilite Fiber is a blend of three natural soluble fibers:



# SUGGESTED USE

- Dissolve contents of one scoop (4.5 g) gradually in 250 to 350 ml of water or juice and stir for 30 seconds
- Taking this product without enough liquid may cause choking. It is important to be well hydrated while taking this supplement and is ideal to consume it with a meal
- For adults & children 12 years of age & older, recommended use is one to two scoops daily, gradually increasing fiber intake

# NUTRILITE<sup>®</sup> fiber

\* Already in normal range.

# **FEATURES & BENEFITS**

- Contains 3.7 g of soluble dietary fiber per serving
- Blends easily with water producing a clear, tasteless, low viscosity liquid that helps meet the daily requirements of dietary fiber

# **POTENTIAL USERS**

Net Content: 200 g

• Anyone who wants to support their regular diet with fiber

NUTRITIONAL INFORMATION Serving Size: One provided scoop (4.5 g approx.) Serving per container: approx. 44

App	proximate	% RDA
COI	mposition	(for adults)
per serving s	ize (4.5 g)	
nergy	9 kcal	0.47%
rotein	0.009 g	0.02%
otal Fat	0.0135 g	0.07%
arbohydrate	4.15 g	
Soluble Dietary Fiber	3.7 g	
Dietary Fiber from	1.27 g	
Resistant Maltodextrin		
Dietary Fiber from Partially	1.11 g	
Hydrolysed Guar Gum		
Dietary Fiber from Inulin	1.32 g	

NOT FOR MEDICINAL USE. NOT A SUBSTITUTE FOR A VARIED BALANCED DIET. NOT TO EXCEED RECOMMENDED DAILY USAGE. PRODUCT TO BE STORED OUT OF REACH OF CHILDREN. FOR FURTHER DETAILS, PLEASE REFER THE PRODUCT LABEL.



# CALCIUM **HELPS BUILD** STRONG BONES



The new Nutrilite Cal Mag D Plus is a stronger new formulation which combines 4 essential nutrients, calcium, vitamin D, magnesium and zinc. While the calcium is brought in from one of the most concentrated botanical sources of calcium in the world, vitamin D is critical for calcium absorption from gut to bloodstream in your body. Magnesium supports calcium absorption by regulating calcium levels in your body and zinc supports healthy immune system.

Coralline red algae is found in the deep waters off the coast of Iceland. This living resource, rich in natural minerals, thrives in the glacial fjords. Throughout its life cycle, coralline red algae naturally calcify. The rough ocean waters of the fjords break off bits of the calcium-rich structures, then oceanic and freshwater currents carry the broken bits and deposit them in deep Maerl beds under the sea. From these beds, Icelandic mariners harvest the rich calcified remains.

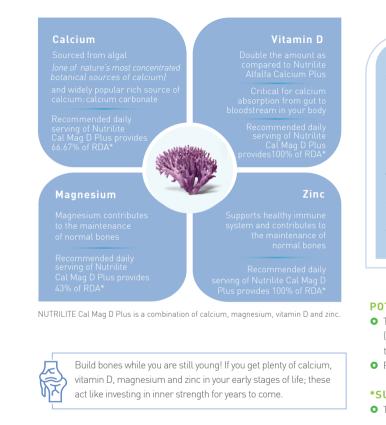
### CALCIUM GOES BEYOND YOUR BONES

Not only your bones and teeth need calcium, your body uses it for a lot of different things like critical metabolic functions as cardiovascular function, muscle function, nerve transmission, intracellular signaling and hormone secretion. Calcium is an essential nutrient which needs to be taken as part of a healthy diet.

### **DID YOU KNOW?**

Your bones act as a repository by storing calcium within their structure. If you don't get enough dietary calcium every day, your body will steal it from your bones for essential body functioning, making your bones brittle.

**NUTRILITE**<sup>®</sup> cal mag D plus



### Net Content: 90 N (Tablets)

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Serving Size: 1 N (tablet)

Appr	oximate	% RDA
com	position	per serving
per serving (	0.950 g)	
Energy	1.1 kcal	0.06
Protein	0 g	0
Fat	0.01 g	0.05
Carbohydrate	0.60 g	
Vitamin D (from Ergocalciferol)	5mcg	50
Calcium (from calcium carbonate and		
calcium from algal source)	200mg	33.33
Magnesium (from Magnesium Oxide)	66.7mg	21.52
Zinc (from Zinc Sulfate)	5mg	50
Manganese (from Manganese Citrate)	1.17mg	29.25

### POTENTIAL USERS

• This product is recommended for adults and adolescents (12 years and above), all individuals who want to support their diet with calcium, magnesium and vitamin D • People with inadequate dietary intake

### **\*SUGGESTED USE**

• Take 1 tablet, two times daily with meals

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# THREE SOURCES, ONE PRODUCT



Iron is an important nutrient found in the body. As per World Health Organization, iron is one of the top nutrients missing from the diet. Imagine, if your body lacks adequate iron, what do you think would happen? You just won't have enough oxygen at your disposal. Oxygen is a key factor in everything we do. So, without enough oxygen, you won't be able to do your daily work properly.

# WHY YOU NEED

### IRON

- Iron makes hemoglobin which carries oxygen to every cell of the body
- Tissues require iron for various biochemical reactions

Nutrilite Cherry Iron provides a blend of iron from three sources-ferrous bisglycinate, ferrous fumarate and mustard greens. Folic acid is added for its important benefits to women.

Science has proven that people in different life stages have different iron needs and different iron absorption abilities.

That's why, Nutrilite Cherry Iron is specifically formulated with a blend of three types of iron, research suggests that absorption from ferrous bisglycinate is 2-3 times higher than other forms like ferrous sulphate.

**NUTRILITE**<sup>®</sup> cherry iron

# **FEATURES & BENEFITS**

- 15 mg iron from three iron sources (ferrous bisglycinate, ferrous fumarate & mustard greens). Mustard green is one of nature's richest plant source of iron
- Vitamin C helps increase body's iron absorption ability
- Folic acid has additional benefits for women

٢.			
	NUTRITIONAL INF	ORMATION	
	Serving Size: 1 N (ta	ablet)	
	App	proximate composition	% RD
	per se	rving (1 tablet:0.576 g)	(for adult
	Energy	2.05 kcal	0.11
	Protein	0.04 g	0.07
	Carbohydrate	0.45 g	
	Fat	0.01 g	0.05
	Folic Acid	100 mcg	50
	Vitamin C	30 mg	75
	Iron	15 mg	88
	Acerola	72 mg	

## POTENTIAL USERS

- Anyone interested in adding iron to their daily diet along with a regular diet
- Wishes to support their folic acid intake
- People who require additional iron due to life-stage needs such as women of child bearing age
- Adolescents, especially adolescent women

### SUGGESTED USE

• Take one tablet daily with meal



### Net Content: 90 N (Tablets)

- Pregnant women and nursing mothers (should consult with a physician before using this product)



# BEAUTY FROM THE INSIDE OUT



Beauty starts from the inside. The word beauty has endless descriptions. However, it means a lot to everyone because it gives confidence to you. Be it in your personal or in your professional life, looking beautiful always gives you an edge. That's why it makes sense when you think about it. Remember, you can only look beautiful when you are well nourished from the inside. Three important body parts which adds to one's beauty are hair, skin and nails. They too need right nourishment to look healthy & beautiful.

Beautiful hair is a valued possession. It's one of the first features that someone notices about you. It can express your personality and style without having to say a word. Hair needs right nourishment to be healthy. Many factors like genetics, hormone imbalances, age, pollution or stress can lead to poor hair health. Nutrients like biotin plays important role for hair nutrition. Biotin is important in enzymatic reactions involving the formation of keratin, which is the key structural component of hair.

Skin is an essential component of the human body and has several important roles. For example, it protects the body against the environment, guards against dehydration, allows waste materials to pass through perspiration, and helps maintain body temperature. Skin produces, discards and replaces about one billion skin cells every day. The appearance of the skin can change if one does not nourish the skin with the right skin nourishment at the right time.

Nails are thin, translucent plates covering the dorsal surface at the end of each finger and toe. Nails are considered to be an extension of skin. They are important for protecting and supporting the tissues in your fingers. Short, brittle nails are a common complaint, but there are things you can do to achieve good nails.

Healthy hair, skin and nails are one of the reflection of your overall nutritional status. Adequate rest, exercise, balanced nutritional diet and right food choices may help support the growth and maintenance of hair, skin and nails.

NUTRILITE<sup>®</sup> biotin cherry plus

### FEATURES

Biotin	Research suggests that biotin may help reduce nail brittleness and improve skin condition
Collagen	Necessary for structure, and growth of hair, skin and nails
L-cysteine	L-cysteine is an amino acid. This amino acid promotes the form in hair, skin and nails
Glycine	Works in conjunction with collagen to promote skin moisturiza
Vitamin C	Helps as a co-factor in the production of collagen in the skin. A
Grape seed	A powerful antioxidant reported to promote capillary. Also, it m
Nutrilite acerola cherry concentrate	Provides added benefits of phytonutrients

BENEFITS

				POTENTI
(	NUTRITIONAL INFORMATION			• Anyone make th
	Serving Size: 1 N (tablet)		01 DD4	
		e composition	% RDA	• Women
		tablet:0.47 g)	(for Adults)	
	Energy	1.70 kcal	0.09%	
	Protein	0.28 g	0.51%	SUGGES
	Carbohydrate	0.136 g		
	Fat	0.004 g	0.02%	<ul> <li>Take on</li> </ul>
	D-Biotin	225 mcg		
	Vitamin C (from Acerola,	30 mg	75%	Nutrilite B
	L-Ascorbic Acid)			
	Collagen hydrolysed	250 mg		contains c
	Glycine	15 mg		which prov
	L-Cysteine	3.4 mg		to help ma
	Acerola	22.06 mg		
	Grape Seed Extract	6.75 mg		beautiful.
	(Vitis Vinifera) (seed)	en o mg		
	(vita villiera) (seed)			

### Net Content: 60 N (Tablets)

ss, promote good hair

rmation of keratin, a major protein

ation

Also a potent antioxidant

may help in the reduction of elastin degradation in the skin

# POTENTIAL USERS

• Anyone who wants nutritional support (along with a balanced diet) to help make their hair, skin and nails beautiful

• Women who are conscious about hair, skin and nails

# SUGGESTED USE

• Take one tablet daily with meal

Nutrilite Biotin Cherry Plus contains combination of nutrients which provide nutritional support to help make hair, skin and nails



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# **SUPPORTS** MENOPAUSE **RFI IFF**





Menopause is the final transition in women's life. It is that phase of her life which marks the end of her reproductive days. Menopause happens because the ovaries stop producing the hormones- estrogen and progesterone. Some people call the years leading up to a woman's last period menopause, but that time actually is the menopausal transition. During the time of the menopausal transition, menstrual cycle can stop for a while and then start again. Therefore, the only way to know if you have gone through menopause is if you have not had your menstrual cycle for one year. It happens as early as 40 years or as late as 55 years. This stage needs special care and attention, not only nutritional but also emotional and psychological. This is due to the fact that a lot of hormonal changes take place in the body which lead to physical and psychological changes.

Some women worry about menopause, and it can cause uncomfortable conditions. But, there are many ways to manage these conditions and stay active and strong.

Menopause affects every woman differently. Some women have minimal conditions, but some women may have a lot of conditions disturbing their everyday life.

Some changes that might start in the years around menopause include:

- Irregular menses
- Hot flushes
- Trouble sleeping
- Mood changes
- Osteoporosis



Menopause is a natural life-stage, which every woman will experience in some way. However it is important how you manage it, healthy lifestyle changes like adequate rest, regular exercise and balanced nutritional diet may help you manage your this life-stage well.

### Nutrilite Black Cohosh and Soy contains Black Cohosh and Soy.

Black Cohosh and Soy may support women's overall well-being during menopause. It may help reduce hot flushes, night sweats and mood swings. Ageing gracefully is much easier when these effects are minimized.

### POTENTIAL USERS • Menopausal women NUTRITIONAL INFORMATION Serving Size: 1 N (tablet) SUGGESTED USE Approximate % RDA (for adults) composition per serving (1 tablet:0.8 g) 286 kcal 15.05% Energy Protein 0.11 a 0.2% Carbohvdrate 0.56 g 0.02 g 0.1% Vitamin C (from 1.2 mg 3% Acerolal Calcium (from 20 mg 3.33% Dicalcium Phosphate) Black Cohosh Extract 40 mg (Root) Isoflavones 16.6 mg (Soyabean Extract)

### Net Content: 90 N (Tablets)

Fat

NOT FOR MEDICINAL USE. NOT A SUBSTITUTE FOR A VARIED BALANCED DIET. NOT TO EXCEED DAILY RECOMMENDED USAGE. FOR FURTHER DETAILS. PLEASE REFER THE PRODUCT LABEL.



• Women above 40 years, take one tablet 3 times daily, preferably with meals



# A NATURAL WAY TO COMPLEMENT YOUR DIET WITH B-VITAMINS



Range of B-vitamins support critical metabolic function and help support energy production. They also work with synergy and depend on each other for optimal function.

Nutrilite Natural B with Yeast is a nutritious formula of seven essential B-vitamins (B1, B2, B3, B5, B6, folic acid and B12) plus Inositol. One tablet of Nutrilite Natural B with Yeast helps fulfil the daily requirement for B-complex vitamins along with regular diet.

### **POTENTIAL USERS**

Anyone who -• Wants support of vitamin B along with regular diet

# SUGGESTED USE

• 1 tablet daily preferably with a meal

## STORAGE

• Close the cap tightly after use. Keep the bottle in a cool & dry place

# NUTRILITE<sup>®</sup> natural B with yeast

# **FEATURES & BENEFITS**

- Contains seven essential B-vitamins, provides a blend of B-vitamins
- Provides B-vitamins from an enhanced yeast premix which has been enriched with B-vitamins
- No added artificial colours, flavours or preservatives

### NUTRITIONAL INFORMATION

Serving Size: 1 N (tablet)

	Approximate	% RDA
	composition	per serving^
per serving (	l tablet: 0.48 g)	
Energy	1.79 kcal	0.08%
Protein	0.072 g	0.12%
Carbohydrate	0.366 g	
Fat	0.0048 g	0.2%
Fiber	0.779 g	
Sodium	0.1 mg	0.01%
*Thiamin	1.2 mg	100%
*Riboflavin	1.2 mg	85.71%
*Niacin	6.7 mg	41.88%
*Vitamin B6	1.2 mg	60%
*Folic Acid	133.33 mg	66.67%
*Vitamin B12	1 mcg	100%
*Pantothenic Acid	5 mg	
Inositol	3.6 mg	

^based on RDA for Adult man; \*Appropriate overages are added

### Net Content: 100 N (Tablets)

NOT FOR MEDICINAL USE. NOT A SUBSTITUTE FOR A VARIED BALANCED DIET. NOT TO EXCEED RECOMMENDED DA



# **SUPPORT** & NEUTRALIZE FREE **RADICALS WITH** VITAMIN C.

**NUTRILITE**\* Natural C Images are for illustrative purpose only TABLET, 1 TIME A DAY 120 N (TABLETS) No matter how careful you are, your body is subject to free radical damage. Various factors like smoking, exposure to sun and pollution, stress, etc. cannot be avoided. Vitamin C, an antioxidant, supports immune system and helps in neutralizing free radical damage. Body does not make or store vitamin C.

Therefore, it needs to be replenished every day through diet. But our fast paced lifestyle and erratic eating habits make it difficult to ensure a diet that can fulfil the daily recommended quantity of this important nutrient.

Nutrilite Natural C contains isolated vitamin C & acerola cherry concentrates. Acerola cherries, one of the richest known source of vitamin C, are grown in Nutrilite farms. It also contains citrus bioflavonoids. These are naturally associated with vitamin C in citrus fruits. Each tablet of Nutrilite Natural C provides 40 mg of vitamin C along with regular diet help support your daily vitamin C requirement.



### **FEATURES & BENEFITS**

- Vitamin C supports normal functioning of immune system and helps to neutralize the free radical damage
- With the goodness of acerola cherry, support your daily requirement of vitamin C with Nutrilite Natural C

# POTENTIAL USERS

### Anyone who:

- Does not eat enough vegetables and fruits, especially citrus fruits and wants to support their diet
- Is interested in providing antioxidant action in the body
- Smokes, consumes alcohol or lives in an area where pollution is high. These are conditions which deplete the body of vitamins
- Inadequate dietary intake

(from Ascorbic Acid and Acerola)

\*Appropriate overages are added

Serving size: 1 N (tablet)

Energy

Protein

Carbohvdrate

\*Vitamin C

### NUTRITIONAL INFORMATION % RDA Approximate STORAGE (for adults) composition per serving (1 tablet:0.644 q) 0.06% 1.13 kcal 0.01% 0.00421 g 0.239 g

0.1%

100%

### Net Content: 120 N (Tablets)

0.02 a

40 mg

# SUGGESTED USE

• One tablet daily with meal

• Store tablets with lid tightly closed in a cool, dry place

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# GARLIC GOOD FOR HFART

**NUTRILITE** Garlic Images are for illustrative purpose only 2 TABLETS, 1 TIME A DAY 60 N (TABLETS) Nutrilite Garlic contains Allicin, the key component in garlic which helps maintain blood lipid levels already within the normal range.

Nutrilite Garlic is sourced from the mountain-grown garlic and concentrated at low heat (with no additives) to retain more of its benefits. It is known to support normal blood cholesterol and daily intake of garlic is beneficial for healthy individual.

Nutrilite Garlic comes with an "enteric coating" which helps the tablets to move through stomach without getting destroyed and gets absorbed in the intestine thereby, minimizing the odour.

# FEATURES

- Each daily serving (2 tablets per day) contains 600 mg of garlic powder that provides 13.5 mg of Allicin and a potential Allicin yield of 6 mg
- Enteric coating ensures that the ingredients are released in the intestine
- Contains peppermint, a natural soothing herb
- Contains no artificial flavours, colours or preservatives

# **NUTRILITE**<sup>®</sup> garlic

# BENEFITS

- May help to support healthy lipid levels already in healthy range
- An enteric coating releases ingredients in the intestines, thus delivering the Allicin and minimize 'Garlic Breath'
- Peppermint helps to mask and minimize the garlic odour

NUTRITIONAL INFO	RMATION	
Serving size: 2 N (tabl	ets) (2 Servings)	
	Approximate composition per serving (2 tablets:1.25 g)	% RDA (for adults)
Energy	4.67 kcal	0.25%
Protein	0.13 g	0.24%
Carbohydrate	0.97 g	
Total Fat	0.02 g	0.1%
Garlic Powder	0.60 g	
(Allium sativum) (bulb Containing:	)	
Alliin (minimum)	13.5 mg	
Allicin Yield	6.0 mg	
(minimum 45% of all	iin)	
Peppermint Extract (leaves)	30.0 mg	

Anyone who:

# STORAGE

Net Content: 60 N (Tablets)

# **POTENTIAL USERS**

• Wants to supplement his/her diet with Nutrilite Garlic

# SUGGESTED USE

• Two tablets once daily, preferably with a meal

• Close the cap tightly after use. Keep the bottle in a cool, dry place



# START TO THINK ABOUT CH BALANCE



It is not easy to maintain a proper balance within the various facets of life, be it work, family, health, etc. Most of the times, the resulting imbalance is seen in your nutritional intake.

With modernization, a large proportion of Indians are trading healthy traditional diets for fatty foods, physical jobs for desk bound work and the relative calm of the countryside for the stressful city.

Nutrilite CH Balance made with naturally sourced green tea extract is considered to be beneficial in maintaining cholesterol levels that are already in normal range.

Green tea extract delivers two different phytonutrients in each softgel: Catechins and Theaflavins.

Scientific research suggests that this combination of green tea polyphenols: catechins and theaflavins, works in 2 ways:

- 1. Scientists believe that the primary action of these green tea polyphenols begins in the intestines. They bind to the cholesterol in the gut and enable it to pass through the body with reduced absorption.
- 2. Scientists also believe in a secondary mode of action, which begins in the liver. The liver detects the decrease in dietary cholesterol and increases uptake of LDL cholesterol from the blood to make bile.



### **FEATURES & BENEFITS**

- Each serving provides 395 mg of green tea extract
- No added artificial colours, flavours or preservatives

# SUGGESTED USE

• Take 2 softgels daily with a meal

NUTRITIONAL INFORM	ATION	
NUTRITIONAL INFORM	ATION	
Serving Size: 2 N (softgels	s)	
	Approximate	% RDA
compo	sition per serving	(for adult)
	(2 Softgels:1.28 g)	
Energy (kcal)	6.63 kcal	0.35%
Protein (g)	0.23 g	0.42%
Carbohydrate (g)	0.66 g	
Total Fat (g)	0.34 g	1.7%
Green Tea Extract	0.395 g	
(Camellia sinensis) (lea	ves)	

### Net Content: 60 N (Softgels)







It contains a blend of Glucosamine HCL with Boswellia and Bromelain. It also contains acerola concentrate and citrus bioflavonoids. Glucosamine is the main building block for semi-fluids that lubricate joints. Boswellia and Bromelain supports healthy connective tissues. Glucosamine HCL is used in this formula, it delivers more active glucosamine than the sulphate.

# POTENTIAL USERS

- Anyone who is interested in maintaining the health of their joints (which are already in a healthy state) - housewives, business executives, athletes & other persons
- Children under 12 years of age, pregnant women or anyone with a medical condition should consult a doctor before using this product

# SUGGESTED USE

• Take two capsules twice daily, preferably with meals

# STORAGE

• Keep bottle tightly closed. Store in a cool, dry place

# **NUTRILITE**<sup>®</sup>

# glucosamine HCL with boswellia

# FEATURES & BENEFITS

- Glucosamine ingredient helps support normal joint functioning and mobility which are already healthy
- Boswellia a gum resin which supports healthy connective tissues
- Bromelain a natural enzyme which helps healthy connective tissue
- Provides additional benefit of phytonutrients
- This product along with regular diet and moderate exercise supports normal joint functioning which are already in normal state

/	NUTRITIONAL INFOR	MATION			
	Serving Size: 2 N (capsu	les)			
		Approximate	% RDA		
	composi	tion per serving	(for adults)		
	(2 0	apsules:1.43 g)			
	Energy	5.8 kcal	0.31%		
	Protein	0.49 g	0.89%		
	Carbohydrate	0.83 g			
	Total Fat	0.06 g	0.3%		
	Vitamin C	2.4 mg	6%		
	(from acerola)				
	Glucosamine HCL	750 mg			

Net Content: 120 N (Capsules)



# **KEEPS YOU** ZINGING



There has been extensive research on Siberian Ginseng and Ginkgo Biloba. Siberian Ginseng has been studied for its effect on work endurance and its role in helping the body adapt to stressful conditions. This product is recommended for healthy individuals. This product also contains acerola and citrus bioflavonoid concentrates.

It is a safe, natural way to support the edge when life gets relentless.

# **CONCENTRATES & EXTRACTS**

- Siberian ginseng extract
- Ginkgo biloba extract
- Schizandra extract
- Acerola concentrate
- Peppermint extract

# NUTRILITE<sup>®</sup> ginseng cherry plus

# **POTENTIAL USERS**

- Anyone who is interested in obtaining the potential benefits of Siberian Ginseng and Ginkgo Biloba
- Children under 12 years of age, pregnant women or anyone with a medical condition should consult a doctor before using this product

# SUGGESTED USE

• Take two tablets twice daily, preferably with meals

# STORAGE

• Keep bottle tightly closed. Store tablets in a cool, dry place

### NUTRITIONAL INFORMATION

a . a. a. . . . .

Serving Size: 2 N (tablets)				
	Approximate composition per serving (2 tablets:1.59 g)	% RDA (for adults)		
Energy	5.63 kcal	0.30%		
Carbohydrate	1.32 g			
Protein	0.07 g	0.13%		
Fat	0.01 mg	0.03%		
Siberian Ginseng Extract (root)	100.0 mg			
Ginkgo Biloba Extra Acerola	ct (leaves) 66.8 mg 16.6 mg			



66



THE POWER OF THREE



Nutrilite organically grows its own Echinacea at Trout Lake Farm and combines a blend of Echinacea extracts in Nutrilite Echinacea – Citrus Concentrate Plus.

#### **FEATURES & BENEFITS**

- Nutrilite Echinacea-Citrus Concentrate Plus contains Echinacea blend which comprises of Echinacea purpurea and Echinacea angustifolia
- Echinacea helps support the immune health\*

#### POTENTIAL USERS

• Anyone above 12 years of age can use Nutrilite Echinacea – Citrus Concentrate Plus

#### SUGGESTED USE

• Take three tablets when support of the body's natural resistance is needed. Repeat during the same day. If necessary, continue to take three tablets daily as needed for a period of not more than two consecutive weeks

#### NUTRITIONAL INFORMATION

Serving size: 3 N (tablets)		
-	Approximate	% RDA
	composition	(for adults)
per serving (	3 tablets:1.47 g)	
Energy	5.11 kcal	0.27%
Protein	0.05 g	0.09%
Carbohydrate	1.19 g	
Fat	0.01 g	0.05%
Echinacea	290 mg	
(Echinacea purpurea and		
Echinacea angustifolia)		
Citrus Bioflavonoid	100 mg	
	-	

\* Already in healthy range

#### Net Content: 60 N (Tablets)

# **NUTRILITE**<sup>®</sup>

echinacea-citrus concentrate plus





SUPPORT YOUR **SO IT CAN SUPPORT YOU** 



This Nutrilite formula contains a blend of milk thistle and turmeric. Research suggests that flavonoids isolated from milk thistle seeds may help maintain liver health already in healthy range. Turmeric has a history to be beneficial to liver. This product is recommended for healthy individuals.

#### FEATURES BENEFITS

1 Milk Thistle Supports normal physiological function of the liver 2 Dandelion Root Helps to support normal physiological functioning of liver 3 Turmeric Rich in antioxidants and supports normal physiological functioning of liver 4 B Vitamins Support formation of energy in the (B1, B2, B6, body B12, Pantothenic Acid and Niacin)

#### POTENTIAL USERS

• Anyone who is interested in supporting normal physiological functioning of liver

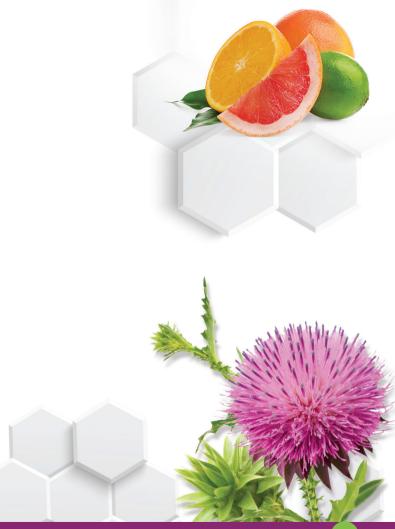
#### SUGGESTED USE

• Take one tablet two times daily with meals



NUTRITIONAL INFORM	ATION	
Serving Size: 1 N (table	ets)	
	Approximate	% RDA
com	position per serving	(for adults)
	(1 tablet:0.55 g)	
Energy	2.06 kcal	0.11%
Protein	0.0109 g	0.02%
Carbohydrate	0.49 g	
Fat	0.0049 g	0.02%
Thiamine	0.15 mg	15%
Riboflavin	0.18 mg	16.36%
Niacin	1.95 mg	16.25%
Pyridoxine	0.22 mg	11%
Vitamin B12	0.15 mcg	15%
Pantothenic Acid	0.75 mg	
Milk Thistle Extract	167 mg	
(fruit and root)		
Turmeric Extract	50 mg	
(85% Curcuminoids)		
Acerola	83 mg	

Net Content: 60 N (Tablets)



# SUPPORT ENERGY PRODUCTION IN THE CELLS



The body survives on the energy that is created when cells break down sugars, fats and protein. Much of this breakdown happens within tiny enclosures in the cells called mitochondria. CoQ10 is a required co-factor in the release of energy and to maintain energy levels within cell.

Coenzyme Q10 is a basic component present in every cell in the body (especially abundant in the heart).

Nutrilite Coenzyme Q10 contains coenzyme Q10 which exists in every cell and plays an important role in energy production. Each capsule also contains citrus bioflavonoids which provide phytonutrient benefits. Additionally, a varied diet and a healthy lifestyle are of general importance.

CoQ10 is an essential nutrient and is produced internally by the body. When we are young, our bodies naturally make plenty of coenzyme Q10 that helps create the energy our bodies need. But as we age, our bodies produce less and less of this important enzyme. It can be challenging to obtain CoQ10 from the diet alone as it is available in trace amount in food. The best food sources for CoQ10 are foods typically high in fat such as meats, beef, vegetable oils, etc.

Nutrilite Coenzyme Q10 Citrus Concentrate complex comprises of coenzyme Q10 which supports the energy production in cell. It is an antioxidant and supports healthy heart and every other cell in our body. The coenzyme Q10 used in this product is the best form of CoQ10 which is fast absorbing. Citrus bioflavonoids provide additional benefits of phytonutrients.

# NUTRILITE<sup>®</sup>

coenzyme Q10 citrus concentrate

FEATURES	BENEFITS
Coenzyme Q10	Potent antioxidant and helps to neutralize free radical damage
	Helps cells to produce energy they need to support healthy heart function
Citrus Bioflavonoids	Provides additional benefits of phytonutrients
POTENTIAL USERS	

#### • Those who want to add CoQ10 to their diet

#### SUGGESTED USE

• Take 4 capsules daily, preferably with a meal and in divided servings

1			
	NUTRITIONAL INFO	RMATION	
	Serving Size: 1 N (ca	ipsule)	
		Approximate	% RDA
		composition	(for adults)
	pe	er serving (1 cap:0.59 g)	
	Energy	2.21 kcal	0.12%
	Protein	0.092 g	0.17%
	Carbohydrate	0.454 g	
	Fat	0.0047 g	0.02%
	Co-enzyme Q10	30 mg	

#### Net Content: 45 N (Capsules)

OT FOR MEDICINAL USE. NOT A SUBSTITUTE FOR A VARIED BALANCED DIET. NOT TO EXCEED DAILY RECOMMENDED USAGE. FOR FURTHER DETAILS, PLEASE REFER THE PRODUCT LABEL



# SUPPORT YOUR VISION HEALTH\*



Age-related Macular Degeneration (AMD) is a natural process with ageing but gets accelerated due to poor diet, smoking, hereditary reasons, UV rays, stress, working conditions and other lifestyle factors. AMD progressively affects the macula which is located in the center of the retina, responsible for central vision and high visual acuity. Poor macular health can cause oxidative stress within the retina, leading to vision related challenges.

It has been studied that Lutein (an important nutrient from carotenoid family) is one of the primary constituent of the macular region of the retina where it serves to provide anti-oxidant protection. People with AMD have been found to have low macular lutein density and therefore diet with lutein can be helpful. Research shows that 10 mg per day of lutein may help to replenish lutein concentration in macula and may support eye function and normal vision health secondary to MD.

Nutrilite Bilberry with Lutein formula contains a blend of lutein, extracts of bilberry and black currant. These ingredients together can support eye health and function. It contains lutein at a level that, as per research, helps support and replenish antioxidant levels in your healthy retinas and macula. Lutein in this formula is obtained from marigolds which is one of the nature's richest sources.

# NUTRILITE<sup>®</sup> bilberry with lutein

FEATURES	BENEFITS
1 Lutein	Provides antioxidant protection for the retina
	Supports healthy vision health
2 Bilberry Extract	Provides anthocyanosides and black currants that are important for eye health
3 Vitamin A	This helps maintain good eyesight at night. Also, helpsmaintain good health of skin and mucous membranes
4 Spinach concentrates	Phytonutrients from this concentrate provide additional nutritional benefits

Use this dietary supplement for antioxidant support for your eyes

				POTENT
/				• People
	NUTRITIONAL INFORMATION	N		• Anuana
	Serving Size: 2 N (tablets)			<ul> <li>Anyone</li> </ul>
		Approximate ition per serving	% RDA (for adults)	SUGGES
		(2 tablets:0.92 g)		• Take 2
	Energy	3.7 kcal	0.19%	• Turke Z
	Protein	0.0119 g	0.02%	
	Carbohydrate	0.76 g		
	Fat	0.068 g	0.34%	
	Vitamin A	240.8 mcg	40.13%	
	Bilberry Extract (fruits)	100 mg		
	Black Currant (fruits)	50 mg		
	Lutein (petals)	10 mg		
		-		

\* Already in Healthy Range

Net Content: 60 N (Tablets)



#### TIAL USERS

le who work long hours on computer, watch TV and read books usually ne who wants to supplement their regular diet with benefits of this product

#### STED USE

2 tablets once daily with meals





# A MIX OF CAROTENOIDS **RICH IN VITAMIN A**



Free radicals originate in bodily processes and are also a result of exposure to things such as air pollution, ultra violet rays, junk food, smoke, chemicals and stress and have the potential to cause serious cellular damage. The good news is that their effect can be minimized by antioxidants.

Carotenoids are currently being studied for their beneficial effects on human health, particularly for their rich antioxidant properties. Most researchers believe that a mixture of natural carotenoids offer the varied health benefit, and is found naturally in carotenoid containing fruits & vegetables mainly yellow, orange and green. The spectrum of natural carotenoids provides a wider range of antioxidant support to the body. Many of these antioxidants work in synergy. Beta carotene, a vitamin A precursor, is one of the most studied cartoenoids and is a potent antioxidant. It yields high amount of vitamin A and is a safe source because it is converted to vitamin A as required by the body. Vitamin A is a nutrient that promotes growth and repair of body tissues, bone formation, healthy skin, hair and eyes.

Nutrilite Multi Carotene is a fat-soluble blend that contains all-natural carotenoid compounds from three concentrates: dunaliella salina algae, tomato and marigold flowers. It's much more like the mix of carotenoids found in fruits and vegetables. This product can provide you with the mix of carotenoid. Their ingredients can support skin, eye & immunity health and provide wide range of antioxidant support. Antioxidants such as vitamin A, C & E together make a great combination to neutralize the free radicals

# **NUTRILITE**<sup>®</sup> multi carotene

#### FEATURES

1 Beta Carotene (From Dunaliella salina algae)

- 2 Lycopene (from tomato extracts)
- 3 Lutein (from marigold flowers)

BENEFITS

It is a natural source of beta carotene which is a vitamin A precursor. Vitamin A promotes growth and repair of body tissues, healthy skin, hair and eyes. Beta carotene supports counteract damage from free radicals

% RDA

adults)

0.21%

0.2%

1.7%

Exhibits antioxidant activity

Provides antioxidant protection to retina

## POTENTIAL USERS

#### SUGGESTED USE

NUTRITIONAL INFORMA	TION	
Serving Size: 1 N (softge		
	Approximate	
	composition	(foi
per ser	ving (1 Softgel:0.6 g)	
Energy	3.97 kcal	
Protein	0.11 g	
Carbohydrate	0.10 g	
Fat	0.34 g	
Beta Carotene	1 mg	
{(from Dunaliella	5	
salina) (Algae)}		
Lycopene	0.6 mg	
(from Tomato Extract)	0.0 mg	
• •	0.5	
Lutein Esters	0.5 mg	
(from Marigold Flowers)		

#### Net Content: 90 N (Softgels)

NOT FOR MEDICINAL USE. NOT A SUBSTITUTE FOR A VARIED BALANCED DIET. NOT TO EXCEED DAILY RECOMMENDED USAGE. FOR FURTHER DETAILS. PLEASE REFER THE PRODUCT LABEL.



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• Those who want to support their regular diet with this supplement

• Take one softgel three times daily with meals

# **GREAT TASTE MEETS** NUTRITION NEEDS OF KIDS

Delicious Natural Chocolate Flavour

-----



Vitamin, mineral and protein supplementation during the formative years helps in a sufficient supply of nutrients necessary for growth and development along with a regular diet.

### **FEATURES & BENEFITS**

- Delicious supplementation along with a regular diet
- Supplementation for children, providing them proteins, carbohydrates, vitamins and minerals along with a regular diet
- Calcium, vitamins, minerals and proteins help your child grow with strong bones, muscles, healthy teeth, hair and skin
- Good for growing children and fussy eaters, anytime of the day with breakfast, at school, after play, bedtime - anytime along with a regular diet and exercise
- Available in delicious natural chocolate flavour



kids drink chocolate flavour

/			
	NUTRITIONAL INFOR	RMATION	
	Serving Size: 2 provide	d scoops (25 q approx.)	
	Servings per container	: approx. 20	
	5 1	Approximate	% RDA
		composition per	
	servir	ng (2 scoops:25 g)	
	Energy	101.22 kcal	7.5%
	Carbohydrate	15.8 g	
	Sugar	10.77 g	
	Protein	4.15 g	20.6%
	Fat	2.38 g	9.52%
	Vitamin A	137.3 mcg	34.33%
	Vitamin C	20 mg	50%
	Vitamin D	2.07 mcg	20.7%
	Vitamin B1	0.5 mg	71.43%
	Vitamin B2	0.5 mg	62.5%
	Vitamin B6	0.9mg*	100%
	Vitamin B12	0.65 mcg	65%
	Folic Acid	30 mcg	30%
	Pantothenic Acid	0.59 mg	
	Calcium	200 mg	33.33%
	Iron	13 mg	100%
	Magnesium	20.68 mg	29.54%
	Phosphorus	195.5 mg	32.58%
	Sodium	103 mg	10.2%
	Zinc	0.71 mg	10.14%
	*Adjusted overages		



#### SUGGESTED USE

- good with warm or cold milk.
- Great taste, easy to prepare

#### Net Content: 500 g

1

NOT FOR MEDICINAL USE. NOT A SUBSTITUTE FOR A VARIED BALANCED DIET. NOT TO EXCEED RECOMMENDED DAILY USAGE. FOR FURTHER DETAILS, PLEASE REFER THE PRODUCT LABEL.

• Add 2 scoops of drink powder (25 g approx.) in a glass and mix with a little milk/ water. Stir to form a smooth paste. Add more milk/ water as desired and shake vigorously in a container for a frothy, delicious and nutritious drink. Sweetener may be added, if desired. Nutrilite Kids Drink Chocolate Flavour tastes equally



# ALL GREAT STRUCTURES START WITH A STRONG FOUNDATION



Feeding children today means feeding generations for a brighter tomorrow. Today's children will become tomorrow's citizens, workers and parents. When we invest wisely in children, the next generation will pay that back through a lifetime of productivity and responsible citizenship. When we fail to provide children with what they need to build a strong foundation for productive lives, we put our future prosperity and security at risk.

We all know making children consume pulses, green, leafy vegetables, fruits, milk and milk products is a tough task as they are fussy eaters. Hence, as parents, we need to make choices that help our kids have an additional support of vitamins and minerals needed for optimal growth along with a regular diet. World across, there is a focus on child nutrition and reputed journals and studies recommend multivitamin and multimineral supplementation for kids.

Nutrilite Kids Chewables provide a range of vitamins and minerals. No artificial colours, flavours or preservatives added. Nutrilite Kids Chewables may help you to provide support to meet multivitamin-mineral requirement of your kids.

# **NUTRILITE**<sup>®</sup> kids chewables

#### NUTRITIONAL INFORMATION Serving Size: 1 N (tablet)

	Approximate	% RDA
	composition per serving	for children
	(1 tablet:1.55 g)	(above 5 yrs of age)
Energy	5.22 kcal	0.39%
Carbohydrate	1.01 g	
Protein	0.03 g	0.15%
Fat	0.04 g	0.16%
*Vitamin A	400 mcg	100%
*Vitamin C	40 mg	100%
*Vitamin D	4 mcg	40%
*Vitamin E	5 mg	50%
*Vitamin K	20 mcg	36%
*Vitamin B1	0.7 mg	100%
*Vitamin B2	0.8 mg	100%
*Vitamin B6	0.9 mg	100%
*Vitamin B12	1 mcg	100%
*Niacin	11 mg	100%
*Folic Acid	100 mcg	100%
*Biotin	12 mcg	
*Pantothenic Acid	5 mg	
*Calcium	75 mg	13%
*Iron	3 mg	23%
*lodine	75 mcg	63%
*Magnesium	38 mg	54%
*Zinc	7 mg	100%
*Selenium	22 mcg	55%
*Copper	0.4 mg	24%
*Manganese	0.25 mg	6%
*Chromium	15 mcg	30%
*Molybdenum	38 mcg	

\*Appropriate overages are added

#### Net Content: 60 N (Tablets)

of phytonutrients

#### SUGGESTED USE



#### FEATURES & BENEFITS

• Each serving provides 21 vitamins & minerals

• A great tasting chewable supplement with blend of natural orange, vanilla and licorice flavour. This is one habit your kids will remember

• No artificial colours, flavours or preservatives added

• Contains Nutrilite Tropical Fruit Concentrate which is a blend of acerola cherry, pineapple, cashew, passion fruit and guava concentrates, providing additional benefits

• One tablet daily for children above 5 years of age, preferably with meal. Recommended to be taken under adult supervision



**KIDS WILL BE KIDS**, ALL THE BETTER REASON TO HELP THEM WITH PROPER NUTRITION TO SUPPORT THEIR NEEDS



Calcium is one of the most important mineral in human body as it helps build strong bones and teeth. As parents, we know early years are most important in child development. Almost half of our skeleton framework is built during adolescent stage, so make sure kids get adequate calcium in their diet.

India ranks No. 1 in the world with 48% of our children being stunted as per UNICEF report. Nutrilite Kids Chewable Calcium and Magnesium Cocoa contains 270 mg of calcium and 50 mg of magnesium. Magnesium contributes to normal muscle and nerve function. No artificial colours, flavours or preservatives added.

# **NUTRILITE**<sup>®</sup>

kids calcium magnesium cocoa



#### **FEATURES & BENEFITS**

- Together calcium and magnesium help build bones and teeth
- Comes in a chewable format
- Convenient and easy for kids to chew
- Comes with tasty natural cocoa flavour, contains no artificial colours, flavours or preservatives
- Comes from Nutrilite assurance of the world leader and trust of more than 80 years

NUTRITIONAL INF	ORMATION	
Serving Size : 1 N (t	ablet)	
	Approximate	% RD4
	composition per	per serving
	serving (1 tablet: 2.18 g)	
Energy	5.31 kcal	0.39%
Protein	0.0065 g	0.03%
Fat	0.118 g	0.47%
Carbohydrate	1.05 g	
*Calcium	270 mg	45%
*Magnesium	50 mg	71.4%

#### Net Content: 100 N (Tablets)

#### SUGGESTED USE

• One tablet daily for children above 5 years of age, preferably to be taken with meal. Recommended to be taken under adult supervision



# SUPPORT YOUR CHILDREN'S FRUITS & VEGETABLES REQUIREMENT



Fruits & vegetables are at the core of healthy diet, especially for growing children. Unfortunately, most children do not have the fondness for fruits & vegetables, and lack "Phytonutrients". Phytonutrients are rich in antioxidants which are beneficial for body.

Nutrilite Chewable Concentrated Fruits & Vegetables are naturally flavoured and coloured, tasty chewable tablets that your kids will actually love.

#### SUGGESTED USE

• For children above 5 years of age, take one tablet twice daily, preferably with a meal. Recommended to be taken under adult supervision

# **NUTRILITE**<sup>®</sup>

kids chewable concentrated fruits and vegetables

Serving Size: 1 N (table	t)	
<b>J</b>	Approximate	% RI
	composition per	(for childre
	serving (1 tablet:1.25 g)	
Energy	5.03 kcal	0.37
Carbohydrate	1.13 g	
Protein	0.0175 g	0.09
Fat	0.0475 g	0.19
Quercetin	40 mg*	
(from Fava d'anta extra	ct)	
Ellagic acid	10 mg*	
(from pomegranate ext	ract)	
Hesperidin	15 mg*	
(from orange extract)		
Lutein (from	1.5 mg*	
marigold extract)		
Lycopene (from	0.75 mg*	
tomato extract)		
Nutrilite Phytonutrient	•	
· · · · · · · · · · · · · · · · · · ·	tract, Elderberry Powder	
	nach Powder, Broccoli Po	owder and
Carrot Powder)		
* based on inputs		

#### Net Content: 60 N (Tablets)

#### **FEATURES & BENEFITS**

- Contains Phytonutrients like Quercetin, Lutein, Lycopene, Ellagic Acid and Hesperidin
- Phytonutrients are helpful in providing antioxidants support
- Supports your kid's daily fruits & vegetables needs
- Comes in a chewable format
- Convenient and easy for kids to chew
- Comes in a tasty natural orange flavour, with the goodness of natural flavour. Contains no artificial colours, flavours or preservatives
- Comes from Nutrilite assurance of the world leader and trust of more than 80 years



# SUPPORT YOUR CHILD'S IMMUNE SYSTEM WITH VITAMIN C



Vitamin C helps support the normal immune system. Nutrilite Kids Chewable Natural C is a naturally flavoured product that will provide vitamin C to support vitamin C requirement of your kid. Moreover, our formula contains acerola cherry concentrate with yummy flavour. It is a great tasting product, so your child will love it every day. Vitamin C also helps support in iron absorption.

#### FUNCTIONS OF VITAMIN C

- Vitamin C contributes to normal functioning of immune system, development and maintenance of bones, cartilage, teeth and gums
- Vitamin C contributes to the protection of cells from oxidative stress
- Vitamin C contributes to normal collagen formation
- Vitamin C contributes to normal energy yielding metabolism

# **NUTRILITE**<sup>®</sup>

kids chewable natural C

#### FEATURES & BENEFITS

- Each tablet contains 117 mg of acerola which provides 30 mg of vitamin C
- Acerola cherries, one of the known sources of natural vitamin C, are grown on Nutrilite orchards
- Comes in a chewable format
- Convenient and easy for kids to chew
- Comes in a tasty natural fruit punch flavour. Contains no artificial colours, flavours or preservatives
- Comes from Nutrilite assurance of the world leader and trust of more than 80 years

#### SUGGESTED USE

• One tablet daily for children above 5 years of age, preferably with meal. Recommended to be taken under adult supervision

/			
/	NUTRITIONAL INFORMATION		
	Serving Size: 1 N (tablet)		
	Approximate	% RDA	
	composition per	(for children	
	serving (1 tablet:1.1 g)	above 5 yrs of age)	
	Energy 4.04 kcal	0.3%	
	Carbohydrate 0.98 g		
	Protein 0.0077 g	0.04%	
	Fat 0.0099 g	0.04%	
	*Vitamin C 30 mg	75%	
	(from Acerola)		

\*Appropriate overages are added

Net Content: 100 N (Tablets)

NOT FOR MEDICINAL USE. NOT A SUBSTITUTE FOR A VARIED BALANCED DIET. NOT TO EXCEED RECOMMENDED DAILY USAGE. FOR FURTHER DETAILS, PLEASE REFER THE PRODUCT LABEL.





# AN EDGE OF SUPPLEMENTATION FOR





Iron is an important micronutrient for human body. Iron forms an important part of hemoglobin in blood, which is needed for oxygen transportation across human body.

It is sad but important to know that 70% of pre-school aged children in India suffer from iron deficiency called anaemia, as per UNICEF report on improving child nutrition. As parents, we realize the importance of green, leafy vegetables in our kids' diet, but most of the time we fail in our attempts to ensure they eat them.

Hence, iron supplementation becomes very important to support a regular diet for our kids. Nutrilite Kids Chewable Iron provides 6 mg of iron from ferrous fumarate, an iron source which is readily absorbed by body. It is natural raspberry flavoured with no added artificial colours, flavours or preservatives. Thus nurturing your young ones.



Kids chewable iron



#### **FEATURES & BENEFITS**

- Contains 6 mg of Iron
- Iron helps in oxygen transportation in body, required for production and release of energy
- Contains ferrous fumarate, which is easily absorbed by the body
- Comes in a chewable format
- Convenient and easy for kids to chew
- Comes with tasty natural raspberry cherry flavour, with the goodness of all natural flavour.
- Contains no artificial colours, flavours or preservatives

NUTRITIONAL INFORMATION							
Serving Size: 1 N (tab	olet)						
	Approximate	% RDA					
	composition per	(for children)					
	serving (1 tablet:1 g)						
Energy	3.72 kcal	0.28%					
Protein	0.0035 g	0.02%					
Carbohydrate	0.83 g	0.16%					
Fat	0.041 g						
*Iron	6 mg	46.15%					

\*Appropriate overages added

#### Net Content: 100 N (Tablets)

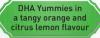
NOT FOR MEDICINAL USE. NOT A SUBSTITUTE FOR A VARIED BALANCED DIET. NOT TO EXCEED RECOMMENDED DAILY USAGE. FOR FURTHER DETAILS. PLEASE REFER THE PRODUCT LABEL.

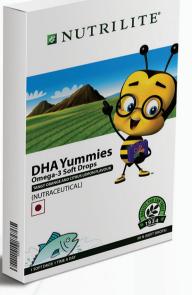
#### SUGGESTED USE

• One tablet twice daily for children above 5 years of age, preferably with meal. Recommended to be taken under adult supervision



# HELPS YOUR CHILD MAINTAIN NORMAL BRAIN **FUNCTION**





Most people think they are giving their children enough nutrition to bring about proper brain and body development. But, are they consuming enough of Omega-3 fatty acids? The brain is predominantly made of fat, almost all of its structures and functions have a crucial dependency upon Essential Fatty Acids (EFAs), which we get directly from our food. The EFAs, particularly the Omega-3 fatty acids, are important for brain function and development during both the fetal and postnatal period. Docosahexaenoic Acid (DHA) is the predominant structural fatty acid in the central nervous system and retina and its availability is important for brain development, function and normal vision.

#### THE SOURCES OF OMEGA-3

The rich dietary sources of Omega-3 fatty acids are vegetable oils like flaxseeds or canola oil, peanut oil, walnut oil, green leafy vegetables, oily cold-water fish (mackerel, sardine, and anchowy etc.) and fish oil. It is from these Essential Fatty Acids that our bodies make the vital brain-fats and the vital messengers that help regulate a vast array of body activity<sup>1</sup>. In India, the daily diet of children may fall short of Omega-3 fatty acids<sup>2</sup> (DHA\*). Fish oil supplements then maybe the choice for the moms around the world when it comes to bridging the Omega-3 gap.

<sup>1</sup>Chia-Yu Chang1, 2, Der-Shin Ke1, and Jen-Yin Chen3, Essential Fatty Acids and Human Brain, Acta Neurol Taiwan 2009:18:231-241

<sup>2</sup>Michael J. Weiser 1,\*, Christopher M. Butt 1 and M. Hasan Mohajeri 2, Docosahexaenoic Acid and Cognition throughout the Lifespan, Nutrients 2016, 8, 99; doi:10.3390/nu8020099

# **NUTRILITE**<sup>®</sup>

**DHA** yummies

#### FEATURES

What if fish oil supplements were made available in a format which children will love? Well, they are now. Designed iust to make ingestion of Omega-3 fatty acids child's play. Nutrilite brings to you Nutrilite DHA Yummies Omega-3 Soft Drops, in tangy orange and citrus lemon flavour. The kid-friendly, chewable format coupled with their favourite flavour is sure to have your child asking for more. But then, DHA Yummies does not only contain Omega-3 fatty acids DHA\* & EPA\*\*, it also has the much required Vitamin D which is needed for normal growth and development of bone and contributes to the normal function of the immune system in children. Thus, Nutrilite DHA Yummies helps your child get multiple benefits in each drop.

#### BENEFITS

- DHA contributes to the maintenance of normal brain function
- Contains Vitamin D which facilitates growth & development of bones, and normal functioning of immune system
- Kid-friendly chewable format
- Tangy orange and citrus lemon flavour
- Just one soft drop, one time a day

NUTRITIONAL INFORMAT	ΓΙΟΝ		
Serving Size: 1 soft drop,	1 time a dav		
5 17	Approximate	% RDA (for 4-6	
compo	sition per serving	years of age)	
· (	1 Soft Drop-1.4g)		
Energy	5.23 kcal	0.39%	
Carbohydrate	0.67 g	-	
Sugar	0 g	-	
Protein	0.09 g	0.45%	
Fat	0.25 g	1%	
Saturated Fat	<0.02 g		
Trans Fat	0 g		
Omega-3 fatty acids			
{DHA (Docosahexaenoic A	Acid)		
and EPA (Eicosapentaeno	ic Acid)} 150 mg	100%	
Vitamin D3 (cholecalcifere	ol) 5 mcg	50%	
			1

#### Net Content: 30 N (Soft Drops)

STORAGE

NOT FOR MEDICINAL USE. NOT A SUBSTITUTE FOR A VARIED BALANCED DIET. NOT TO EXCEED RECOMMENDED DAILY USAGE. FOR FURTHER DETAILS. PLEASE REFER THE PRODUCT LABEL.

#### SUGGESTED USE

• For children 5 years and above: 1 Soft Drop daily

• For children below 5 years: Consult your

physician/certified Nutritionist

• Store in a cool and dry place, below 25° C

\*Docosahexaenoic Acid. \*\*Eicosapentaenoic Acid.

## **BEST OF INDIAN TRADITIONAL WISDOM**

Our centuries-old good health practices used a holistic approach to maintain the right balance between our body and mind. Carrying forward Carl's philosophy and keeping up with Nutrilite's commitment to provide you with the best, we bring you traditional wisdom with the goodness of eternal nature and wonders of science. The new Nutrilite Traditional Herbs range brings together the Best of Nature. Best of Science and Best of Traditional Wisdom.

## A 3-STEP PRINCIPLE FOR THE BEST QUALITY OF HERBS

A rich history of traditional herb based remedies is documented in ancient Indian literature. There are many products in the market trying to imbibe these. But when you go to the market to buy such products, you are still wondering -

#### Are the included herbs Pure? Are they Safe? Even if they are Pure & Safe will they work efficaciously?

But for Nutrilite, it has always been about Purity of the herb, Safety & Potency.

#### **YOUR TRUST IS OF PARAMOUNT IMPORTANCE TO US**

We, at Nutrilite, are constantly working and cut no corners in enhancing and developing the Nutrilite brand and quality of our products. We meet the standards of highest levels of guality and work ethics. Our products meet national standards for safe levels of pesticides and heavy metals.

We endeavor to bring to you an extract of the herbs from the **best of the organic farms.** These are high quality products that are prepared using traditional experience and knowledge supplemented with new and innovative tools. The richness and purity of herbs set our products apart for delivering assured levels of potency.



### PURITY

lerbs

Certified Organic and DNA Fingerprinted herbs with the promise of PURITY, SAFETY & POTFNCY.#

\*\*Nutrilite Traditional Herbs range products are under Nutraceutical category of FSSAL . 'Purity, Safety & Potency are of the individual herbs. Nutrilite products are not for medicinal use. Not to exceed recommended daily usage. Nutraceuticals are not to be used as a substitute for varied diet. Products are required to be stored out of the reach of children. Children under 12 years of age, pregnant or lactating women or anyone with a medical condition should consult with physician before using the products. For further details, please refer individual product label. Claims & Benefits mentioned above are as per available traditional literature & published research data. Images shown are for representation purpose only.

# Nutrilite Traditional Herbs Range<sup>\*\*</sup>

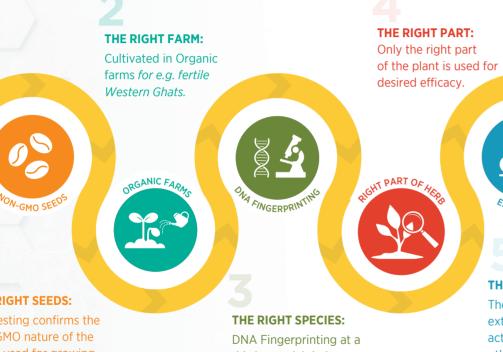


## POTENCY

NA Fingerprint erbs Active Ingredie



## We follow the right steps so you get the right product



#### THE RIGHT SEEDS:

Lab testing confirms the non-GMO nature of the seeds used for growing our herbs.

# third party lab helps us identify the right species to deliver desired efficacy.

#### THE RIGHT EXTRACTION:

EXTRACTION

The herb undergoes an extraction process to get the active ingredients along with other components for maximum efficacy from every tablet.

#### THE RIGHT ACTIVE INGREDIENTS:

Right quantity of active ingredients ensured using validated analytical methods.

E INGRED

MALITY

THE RIGHT PROCESS:

NUFACTUP

The extract goes to our LEED Gold Certified state-of-the-art manufacturing plant in Tamil Nadu where the products are made.

#### THE RIGHT QUALITY:

Assured quality products compliant with Nutraceutical Guidelines.





#### THE RIGHT PRODUCT:

Right quantity of active ingredients ensured in the product to provide the desired benefit of herbs.

Images are for pictorial representation only

1 Amalaki, Vibhitaki & Haritaki Tablet 3 gm of raw Amalaki, 'ibhitaki & Haritaki herbs





#### AMALAKI, VIBHITAKI & HARITAKI

Supports Digestion\*

Net Content: 60 N (Tablets)



**DNA Fingerprinted Herbs** 

NUTRACEUTICAL 60 N Tablets Modernization and urbanization have undoubtedly eased your lives in many ways. However, the hectic and stressful lifestyle has taken its toll on your health and body systems. Erratic eating habits, frequent consumption of junk food, along with impure, adulterated and worsened quality of food, all have contributed to an unhealthy life. Such a situation creates frequent problems in your gut.

#### **FEATURES & BENEFITS**

The blend of these three herbal extracts is known to help# in:

- Supporting digestion
- Having laxative properties
- Improving appetite
- Supporting colon health
- Soothing hyperacidity
- Detoxifying the body systems

**NUTRILITE**<sup>®</sup>

amalaki, vibhitaki

and haritaki

#### SUGGESTED USE

• As the concentration of active ingredients is high in every tablet just 1-2 tablets a day is more than sufficient. Best if consumed with lukewarm water

Health is affected by both internal and external factors. They disturb the natural equilibrium of your body, thus, manifesting an illness. Modern age, fast-forwarded hectic lifestyle, unhealthy eating habits and constant stress have become a part of your daily routine. All of this coupled with work pressure and anxiety leave you exhausted.

#### **FEATURES & BENEFITS**

Being a rejuvenator, Ashwagandha is known to help# in:

- Supporting vitality
- Easing stress
- Calming the nervous system
- Boosting body's functioning
- Revitalizing the body

#### SUGGESTED USE

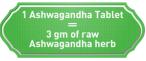
• As the concentration of active ingredients is high in every tablet, just 1-2 tablets a day is more than sufficient. Best if consumed with warm milk

# **NUTRILITE**<sup>®</sup> ashwagandha

Net Content: 60 N (Tablets)

NOT FOR MEDICINAL USE, NOT A SUBSTITUTE FOR A VARIED BALANCED DIET, NOT TO EXCEED RECOMMENDED DAILY USAGE, FOR FURTHER DETAILS, PLEASE REFER THE PRODUCT LABEL

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**DNA Fingerprinted Herbs** 

NUTRACEUTICAL 60 N Tablets

96

## 1 Brahmi Tablet 5 gm of raw Brahmi herb



Forgetting your keys, or a phone number, or a friend's birthday may not seem like a big deal. You often pass them on as a consequence of your hectic lifestyle and work pressure. These are actually silent signs of ageing. Cognitive ability and mental agility start weakening with age. However, some people start facing this challenge at a rather young age, owing to work pressure, hectic lifestyle along with lack of adequate nutrients in the daily diet.

#### **FEATURES & BENEFITS**

Besides its cognition supporting effects, Brahmi is known to help# in:

- Supporting mental agility
- Improving the functioning of the central nervous system
- Improving attention
- Improving alertness & concentration

#### SUGGESTED USE

• As the concentration of active ingredients is high in every tablet, just 1-2 tablets a day is more than sufficient. Best if consumed with warm water

**NUTRILITE**<sup>®</sup> brahmi

Hectic and stressful lifestyle along with environmental pollution, erroneous eating habits and adulteration in food can affect your immune system. As a consequence of which, you may invite a plethora of diseases and fall ill frequently.

#### **FEATURES & BENEFITS**

Tulsi is known to help# in:

- Supporting immunity
- Being a potent adaptogen
- Having an antioxidant effect

#### SUGGESTED USE

• As the concentration of active ingredients is high in every tablet, just 1-2 tablets a day is more than sufficient. Best if consumed with water

# **NUTRILITE**<sup>®</sup>

tulsi

Net Content: 60 N (Tablets)

NOT FOR MEDICINAL USE. NOT A SUBSTITUTE FOR A VARIED BALANCED DIET, NOT TO EXCEED RECOMMENDED DAILY USAGE, FOR FURTHER DETAILS, PLEASE REFER THE PRODUCT LABEL





TULSI Supports Immunity\*

**DNA Fingerprinted Herbs** 



NUTRACEUTICA 60 N Tablets

98

The all new Nutrilite Madhunashini, Shunti & Twak uses time-tested herbal ingredients to support glucose health and hepls maintain glucose health the herbal way.

#### **FEATURES & BENEFITS**

Each individual herb is independently known to#:

- Support healthy glucose metabolism and maintain healthy glucose levels
- Support normal pancreatic function of the body through known biological functions
- Support normal lipid metabolism
- Have antioxidant properties

#### SUGGESTED USE (ADULTS)

• One tablet, 2 times a day

With the all new Nutrilite Vasaka, Mulethi & Surasa gain the herbal advantage in supporting respiratory health.

#### **FEATURES & BENEFITS**

Each individual herb is independently known to#:

- Support natural respiratory comfort due to its known expectorant and anti-inflammatory benefits
- Support and maintain respiratory health
- Contain ingredients known to have antioxidant properties
- Contain ingredients known to have immunomodulatory properties

#### SUGGESTED USE (ADULTS)

• One tablet, 2 times a day

# NUTRILITE<sup>®</sup> vasaka, mulethi & surasa

#### Net Content: 60 N (Tablets)

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DNA FINGERPRINTED HERBS 60 N (TABLETS

MADHUNASHINI, SHUNTI & TWAK

Net Content: 60 N (Tablets

NUTRACEU

**MUTRILITE**<sup>®</sup>

▶ NUTRILITE<sup>®</sup> madhunashini, shunti & twak









#### VASAKA, MULETHI & SURASA

For Supporting Respiratory Health\*



DNA FINGERPRINTED HERBS

60 N (TABLETS)

# **NUTRITION & WELLNESS**

SKU DESCRIPTION	MRP (₹)	SKU DESCRIPTION	MRP(₹)
Nutrilite All Plant Protein Powder (1 kg) (Inclusive of 10% discount on DAP)	4,019	Nutrilite W.O.W Basic Pack BodyKey shakes in 3 combinations (6 N)	11,094
Nutrilite All Plant Protein Powder (500 g) (Inclusive of 10% discount on DAP)	2,387	Nutrilite Bodykey Shakes (14 N sachets)- Vanilla Flavour	1849 1849
Nutrilite All Plant Protein Powder (200 g) (Inclusive of 10% discount on DAP)	1,139	Nutrilite Bodykey Shakes (14 N sachets)- Chocolate Flavour Nutrilite Fruit Drink Mix (Pack of 10 sachets)	490
Nutrilite Protein with Green Tea (500 g)	2,275	Nutrilite Concentrated Fruits & Vegetables (60 N Tablets)	1,819
Nutrilite Daily (120 N Tablets)	2,229	Nutrilite Fiber (200 g)	989
Nutrilite Daily (60 N Tablets)	1,309	Nutrilite Cal Mag D Plus (90 N Tablets)	799
Nutrilite Salmon Omega- 3 (60 N Softgels) 30 Serve Pack (PDO)	1,449 3,000	Nutrilite Cherry Iron (90 N Tablets)	947
(Inclusive of 10% discount on DAP)	5,000	Nutrilite Biotin Cherry Plus (60 N Tablets)	627
Nutrilite W.O.W Super Advanced Pack BodyKey shakes in 3 combinations (6 N) + NUTRILITE® All Plant Protein		Nutrilite Black Cohosh and Soy (90 N Tablets)	1,235
Powder 1 kg (1 N) + NUTRILITE* Daily 120 N Tablets (1 N)	31,345	Nutrilite Natural B with Yeast (100 N Tablets) Nutrilite Natural C (100 N Tablets)	885 899
Nutrilite W.O.W Advanced Pack BodyKey shakes in 3 combinations (6 N) + NUTRILITE® All Plant Protein Powder 1 kg (1 N) + NUTRILITE® Daily 120 N tablets (1 N)	17,345	Nutrilite Garlic (60 N Tablets)	845

## **NUTRITION & WELLNESS**

SKU DESCRIPTION	MRP (₹)
Nutrilite CH Balance (60 N Tablets)	2,989
Nutrilite Glucosamine HCL with Boswellia (120 N Tablets)	3,089
Nutrilite Ginseng Cherry Plus (100 N Tablets)	3,009
Nutrilite Echinacea-Citrus Concentrate Plus (60 N Tablets)	1,704
Nutrilite Milk Thistle Plus (60 N Tablets)	1,709
Nutrilite Coenzyme Q10 Citrus Concentrate (45 N Tablets)	1,069
Nutrilite Bilberry with Lutein (60 N Tablets)	2,159
Nutrilite Multi Carotene (90 N Softgels)	1,389
Nutrilite Kids Drink Chocolate Flavour (500 g)	1,080
Nutrilite Kids Chewables (100 N Tablets)	1,299
Nutrilite Kids Calcium Magnesium Cocoa (100 N Tablets)	895
Nutrilite Kids Chewable Concentrated Fruits and Vegetables (60 N Tablets)	1,669

Disclaimer - All prices mention above are in INR. The MRP of the featured products is as prevalent on the date of publication and is inclusive of all taxes. For current MRP of the featured products, please contact your nearest Amway Office / Tel - 080 - 39416600 or log on to www.amway.in

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SKU DESCRIPTION	MRP (₹)
Nutrilite Kids Chewable Natural C (100 N Tablets)	1,679
Nutrilite Kids Chewable Iron (100 N Tablets)	729
Nutrilite DHA Yummies (30 N Soft Drops)	1499
Nutrilite Amalaki, Vibhitaki & Haritaki (60 N Tablets)	649
Nutrilite Ashwagandha (60 N Tablets)	649
Nutrilite Brahmi (60 N Tablets)	649
Nutrilite Tulsi (60 N Tablets)	649
Nutrilite Madhunashini, Shunti & Twak (60 N Tablets)	899
Nutrilite Vasaka, Mulethi & Surasa (60 N Tablets)	899



#### AMWAY INDIA ENTERPRISES PVT. LTD.

Ground Floor, Elegance Tower, Plot No. 8 Non Hierarchical Commercial Centre, Jasola, New Delhi - 110025 Lwww.amwavin.

For information/complaints, contact Amway Consumer Care Cell: Tel-080-3941-6600 OR care@amway.com

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